

#### AGENDA

#### REGULAR MEETING OF THE BOARD OF DIRECTORS Tuesday, July 5, 2022 – 4:00 PM

#### Modular C Classroom 600 N. Highland Springs Avenue, Banning, CA 92220

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Administration Office at (951) 769-2160. Notification 48 hours prior to the meeting will enable the Hospital to make reasonable arrangement to ensure accessibility to this meeting. [28 CFR 35.02-35.104 ADA Title II].

TAB

I. Call to Order

S. DiBiasi, Chair

II. Public Comment

A five-minute limitation shall apply to each member of the public who wishes to address the Hospital Board of Directors on any matter under the subject jurisdiction of the Board. A thirty-minute time limit is placed on this section. No member of the public shall be permitted to "share" his/her five minutes with any other member of the public. (Usually, any items received under this heading are referred to staff for future study, research, completion and/or future Board Action.) (PLEASE STATE YOUR NAME AND ADDRESS FOR THE RECORD.)

On behalf of the Hospital Board of Directors, we want you to know that the Board acknowledges the comments or concerns that you direct to this Board. While the Board may wish to occasionally respond immediately to questions or comments if appropriate, they often will instruct the Hospital CEO, or other Hospital Executive personnel, to do further research and report back to the Board prior to responding to any issues raised. If you have specific questions, you will receive a response either at the meeting or shortly thereafter. The Board wants to ensure that it is fully informed before responding, and so if your questions are not addressed during the meeting, this does not indicate a lack of interest on the Board's part; a response will be forthcoming.

#### OLD BUSINESS

III.	<ul> <li>*Proposed Action - Approve Minutes</li> <li>June 7, 2022, Regular Meeting</li> </ul>	S. DiBiasi	A
NEW B	USINESS		

IV. Hospital Board Chair Monthly Report

S. DiBiasi verbal

V.	CEO Monthly Report S. Barron		
VI.	July, August, & September Board/Committee Meeting Calendars	S. DiBiasi	В
VII.	*Proposed Action – Appoint Ad Hoc Affiliation Committee <ul> <li>ROLL CALL</li> </ul>	S. DiBiasi	verbal
VIII.	Foundation monthly report	R. Robbins/ V.Hunter	C
IX.	Patient Care Services Bi-Monthly Report	P. Brown	D
X.	Committee Reports:		
	<ul> <li>Finance Committee         <ul> <li>May 31, 2022, regular meeting minutes</li> <li>* Proposed Action – Approve April 2022 Financial Statement (Approval recommended by Finance Committee 06/28/2022)</li> <li>ROLL CALL</li> </ul> </li> </ul>	E. Ngo/ D. Heckathorne ( <b>Unaudited</b> )	Е
	<ul> <li>* Proposed Action – Recommend Approval to the Healthce Board of the FY 2023 Operating Budget and FY 2023 Ca (approval recommended by Finance Committee 6/28/2022)</li> <li>• ROLL CALL</li> </ul>		F
XI.	Chief of Staff Report	S. Khalil, MD Chief of Staff	verbal
XII.			a
	* Proposed Action - Approve Policies and Procedures	Staff	G
XIII.		Staff S. DiBiasi	G H
XIII. XIV.	ROLL CALL Community Benefit events/Announcements/		
	ROLL CALL Community Benefit events/Announcements/ and newspaper articles		

Receive Quarterly Environment of Care/Life Safety/Utility Management report (Health & Safety Code §32155; and Evidence Code §1157)

#### XV. ADJOURN TO CLOSED SESSION

\* The Board will convene to the Open Session portion of the meeting approximately 2 minutes after the conclusion of Closed Session.

#### **RECONVENE TO OPEN SESSION**

#### \*\*\* **REPORT ON ACTIONS TAKEN DURING CLOSED SESSION** S. DiBiasi

#### XVI. ADJOURN

S. DiBiasi

#### \*Action Required

In accordance with The Brown Act, *Section 54957.5*, all public records relating to an agenda item on this agenda are available for public inspection at the time the document is distributed to all, or a majority of all, members of the Board. Such records shall be available at the Hospital Administration office located at 600 N. Highland Springs Avenue, Banning, CA 92220 during regular business hours, Monday through Friday, 8:00 am - 4:30 pm.

I certify that on July 1, 2022, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of San Gorgonio Memorial Hospital, and on the San Gorgonio Memorial Hospital website, said time being at least 72 hours in advance of the regular meeting of the Board of Directors (*Government Code Section 54954.2*).

Executed at Banning, California, on July 1, 2022

and Whitley

Ariel Whitley, Executive Assistant

TAB A

#### REGULAR MEETING OF THE SAN GORGONIO MEMORIAL HOSPITAL BOARD OF DIRECTORS

#### June 7, 2022

The regular meeting of the San Gorgonio Memorial Hospital Board of Directors was held on Tuesday, June 7, 2022. In an effort to prevent the spread of COVID-19 (coronavirus), there was no public location for attending this board meeting in person. Board members and members of the public participated via WebEx.

- <u>Members Present</u>: Phillip Capobianco III, Susan DiBiasi (Chair), Ehren Ngo, Ron Rader, Steve Rutledge (Vice Chair), Randal Stevens, Dennis Tankersley, Siri Welch
- Members Absent: Joel Labha
- Required Staff:Steve Barron (CEO), Pat Brown (CNO/COO), Daniel Heckathorne (CFO),<br/>Sherif Khalil, MD (Chief of Staff), Annah Karam (CHRO), Ariel Whitley<br/>(Executive Assistant), Karan P. Singh, MD (CMO), Angie Brady (ED<br/>Director), Margaret Kammer (Controller), Susan Sommers (Infection<br/>Control Director), Peter Kim (Performance Improvement Director), Jayme<br/>Goodner (Surgical Services Director)

AGENDA ITEM		ACTION /
		FOLLOW-UP
Call To Order	Chair, Susan DiBiasi, called the meeting to order at 4:01 pm.	
Public Comment	Members of the public who wished to comment on any item on the	
	agenda were encouraged to submit comments by emailing	
	publiccomment@sgmh.org prior to this meeting.	
	protocoline of the second protocol and interview.	
	No public comment emails were received.	
	Tto public comment emails were received.	
GENERAL TOPIC		
Stroke Program		
Presentation		
OLD BUSINESS		
Proposed Action -	Chair, Susan DiBiasi, asked for any changes or corrections to the	The minutes of the
Approve Minutes	minutes of the May 3, 2022, regular meeting as included on the	May 3, 2022,
	board tablets.	regular meeting
May 3, 2022,		will stand correct
1.1.u, 0, 20 <b>22</b> ,	1	

AGENDA ITEM					ACTION / FOLLOW-UP	
regular meeting.					as presented.	
NEW BUSINESS						
Hospital Board Chair Monthly Report	Chair DiBiasi th while she was ab		air, Steve Rutledg	e, for stepping in		
CEO Monthly Report	equipment being	g requested rel funds to purch	ated to breast su	re two pieces of rgery. Steve also t will come from		
June, July, & August Board/Committee meeting calendars	Calendars for Ju tablets.	Calendars for June, July, & August were included on the board tablets.				
Proposed Action – Reappoint existing board member to a second four-year term expiring June 30, 2026.	term was expiri reappointment to The board memb	Chair DiBiasi reported that one existing Hospital board members term was expiring as of June 30, 2022, and he is eligible for reappointment to serve a second full four-year term. The board member is Steve Rutledge. BOARD MEMBER ROLL CALL:				
	Capobianco	Yes	DiBiasi	Yes	second four-year term, expiring June	
	Labha	Absent	Ngo	Yes	30, 2026.	
	Rader	Yes	Rutledge	Yes		
	Stevens	Yes	Tankersley	Absent		
	Welch	Yes	Motion carried			
Proposed Action – Recommend approval to Healthcare District Board. • Acquisition of Two CT Scanners	Cannon Medica solutions and ser required of SGM Systems USA w Scanners from. BOARD MEMB	M.S.C., (Rader/Welch), the SGMH Board of Directors voted to recommend approval to the Healthcare District Board of the				
from Canon	Capobianco	Yes	DiBiasi	Yes	acquisition of two	
Medical	Labha	Absent	Ngo	Yes	<b>CT Scanners from</b>	
Systems,	Rader	Yes	Rutledge	Yes	Canon Medical	
USA	Stevens	Yes	Tankersley	Absent	Systems, USA.	

AGENDA ITEM					ACTION /	
					FOLLOW-UP	
	Welch	Yes	Motion carried.			
COMMITTEE REPO	ORTS:					
Human Resources Committee	Chief Human Re were reviewed at as included on th	At the request of Committee Chair, Ron Rader, Annah Karam, Chief Human Resources Officer, briefly reviewed the reports that were reviewed at the committee meeting and the reports discussed as included on the board tablets. A copy of the Human Resources Committee's May 18, 2022, meeting minutes were also included on the board tablets.				
Finance Committee Proposed Action – Recommend Approval of the April 2022 Financial Statement (Unaudited).	Dan Heckathorne April 2022 Finand A copy of the minutes were also the Finance Com Financial report a BOARD MEMBI	M.S.C., (Rader/Welch), the SGMH Board of Directors approved the April 2022 Financial Statement as presented.				
	Capobianco	Yes	DiBiasi	Yes		
	Labha	Absent	Ngo	Yes		
	Rader	Yes	Rutledge	Yes		
	Stevens	Yes	Tankersley	Absent		
	Welch	Yes	Motion carried.			
Proposed Action - Recommend Approval to Healthcare District Board to Approve Annual Insurance Renewals • Professional and General Liability Programs • Property and Casualty Programs	Dan Heckathorne including the Prot Casualty Program Steve then discus was included as a The Committee a Programs coverag coverages are rect outlined. ** The Committi insurance coverag Hospital's budge coverages at this the acquisition of	M.S.C., (Rutledge/Stevens), the SGMH Board of Directors voted to recommend approval to the Healthcare District Board of the Annual Insurance Renewals.				

AGENDA ITEM					ACTION / FOLLOW-UP
	It was noted that a BOARD MEMBI		ommended to the ELL:	Hospital Board.	
	Capobianco	Yes	DiBiasi	Yes	
	Labha	Absent	Ngo	Yes	
	Rader	Yes	Rutledge	Yes	
	Stevens	Yes	Tankersley	Absent	
	Welch	Yes	Motion carried		
Chief of Staff Report Proposed Action – Approve Recommendations of the Medical Executive	Executive Comm Approval Items:	ittee report as i ual Approval o	included on the bo		M.S.C., (Rader/Stevens), the SGMH Board of Directors approved the Medical Executive Committee
Committee	Capobianco	Yes	DiBiasi	Yes	recommended
	Labha	Absent	Ngo	Yes	approval items as
	Rader	Yes	Rutledge	Yes	submitted.
	Stevens	Yes	Tankersley	Absent	
	Welch	Yes	Motion carried.		
Proposed Action – Approve Policies and Procedures	tablets presented BOARD MEMBI Capobianco Labha Rader	for approval by ER ROLL CAI Yes Absent Yes	y the Board. LL: DiBiasi Ngo Rutledge	Ided on the board Yes Yes Yes	M.S.C., (Welch/Ngo), the SGMH Board of Directors approved the policies and procedures as submitted.
	Stevens Welch	Yes Yes	TankersleyMotion carried.	Absent	
Community Benefit events/Announceme nts/and newspaper articles	Miscellaneous inf	formation was	included on the bo	oard tablets.	

AGENDA ITEM		ACTION / FOLLOW-UP
Future Agenda Items	None.	
Adjourn to Closed Session	<ul> <li>Vice Chair, Rutledge reported the items to be reviewed and discussed and/or acted upon during Closed Session will be:</li> <li>&gt; Recommend approval to the Healthcare District Board – Medical Staff Credentialing</li> <li>The meeting adjourned to Closed Session at 5:11 pm.</li> </ul>	
Reconvene to Open Session	<ul> <li>The meeting adjourned from closed session at 5:26 pm.</li> <li>At the request of Vice Chair Rutledge, Ariel Whitley reported on the actions taken/information received during the Closed Session as follows:</li> <li>Recommended approval to the Healthcare District Board – Medical Staff Credentialing</li> </ul>	
Adjourn	The meeting was adjourned at 5:26 pm.	

In accordance with The Brown Act, *Section 54957.5*, all reports and handouts discussed during this Open Session meeting are public records and are available for public inspection. These reports and/or handouts are available for review at the Hospital Administration office located at 600 N. Highland Springs Avenue, Banning, CA 92220 during regular business hours. Monday through Friday, 8:00 am - 4:30 pm.

Respectfully submitted by Ariel Whitley, Executive Assistant

TAB B



# July 2022

# Board of Directors Calendar

Mon	Tue	Wed	Thu	Fri	Sat
				1	2
				9	9
4 ADMIN. CLOSED IN OBSERVANCE OF INDEPENDENCE DAY	4:00 pm Hospital Board Meeting 6:00 pm Healthcare	6		8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26 9:00 am Finance Committee	27	28	29	30
	4 ADMIN. CLOSED IN OBSERVANCE OF INDEPENDENCE DAY 11 18	4 ADMIN. CLOSED IN OBSERVANCE OF INDEPENDENCE DAY5 4:00 pm Hospital Board Meeting 6:00 pm Healthcare District Board Meeting111218192526 9:00 am Finance	4 ADMIN. CLOSED IN OBSERVANCE OF INDEPENDENCE DAY5 4:00 pm Hospital Board Meeting 6:00 pm Healthcare District Board Meeting61112131819202526 9:00 am Finance27	4 ADMIN. CLOSED IN OBSERVANCE OF INDEPENDENCE DAY5 4:00 pm Hospital Board Meeting 6:00 pm Healthcare District Board Meeting6711121314181920212526 9:00 am Finance2728	4 ADMIN. CLOSED IN OBSERVANCE OF INDEPENDENCE DAY5 4:00 pm Hospital Board Meeting 6:00 pm Healthcare District Board Meeting6 67 88111213141518192021222526 9:00 am Finance272829

Items with \* = Associate functions that Board members are invited to attend



# August 2022

Board of Directors Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2 4:00 pm Hospital Board Meeting	3	4	5	6
		6:00 pm Healthcare District Board Meeting		n.,		
7	8	9	10	11	12	13
14	15	16	17	18	19	20
14	15	9:00 am Community Planning Committee	9:00 am HR Committee	10		
21	22	23	24	25	26	27
28	29	30	31			
20	27	9:00 am Finance Committee				

Items with \* = Associate functions that Board members are invited to attend



# September 2022

Board of Directors Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 ADMIN. CLOSED LABOR DAY	6 4:00 pm Hospital Board Meeting 6:00 pm Healthcare District Board Meeting	7	8	9	-10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27 9:00 am Finance Committee 10:00 am Executive Committee	28	29	30	

Items with \* = Associate functions that Board members are invited to attend

TAB C

# SGMH Foundation June 2022 Report

<b>Foundation Finances for June 2022</b>	(as o	of June 29, 2022)
Bank of Hemet Checking Acct:	\$244,140.04	(actual as of <u>6/29/2022)</u>
Bank of Hemet Money Market Acct:	\$128,143.92	(actual as of <u>6/29/2022</u> )
I.E. Community Foundation Acct:	\$97,772.61	Actual for May 2022/June 2022 not available
Total	\$470,056.57	

# Foundation Report

- The Foundation department is starting an employee giving campaign in July 2022.
- The Foundation department is in the planning phases of its first event. The Foundation's first event out of Covid is tentatively a golf tournament in October 2023.
- The Foundation Director and the Foundation Executive Team are continuing its search for grants to support the Foundation's mission.
- The Foundation is dark in July 2022.

TAB D



### **CNO REPORT TO THE BOARD**

## JULY 2022

#### Patient Care Quality and Safety:

The Patient Experience Committee met on May 11th and June 8<sup>th</sup>. The membership reorganization of the committee has been working well and we are getting excellent participation from our associates. This is an enthusiastic group dedicated to improving the patient experience. Current focus areas for the group are improving communication among caregivers by updating white boards in patient rooms more frequently, holding departmental huddles to pass on new information promptly, using visual reminder boards in break rooms and meeting rooms, and making a hospital communication board outside the cafeteria. Another focus is improving communication about medications to the patients. This is an opportunity for us as our scores have been low in this area. The group had a brainstorming session and came up with several ideas for improvement which we are starting to trial.

The Annual Nursing Skills Fair was held May 23<sup>rd</sup> through May 26<sup>th</sup>. 192 nurses completed the update. That is a participation rate over 80%. We will be having one make up day in July for those who could not attend in May.

During May and June, 18 leaders and 75 associates received training from Press/Ganey through a workshop called "Enhancing the Patient Experience through Communication". The purpose of the session was to learn and practice universal relationship skills that will help influence a great patient experience. This group will serve as facilitators, mentors, coaches and role models for other associates in the communication skills needed to provide a better hospital experience for our patients.

Robotic cases are increasing and going well. We are recruiting for an RNFA (registered nurse first assist) to be able to do more complex cases. The OR crew are very pleased with our new anesthesiologists. They are very skilled and have been working cohesively with the OR director to make sure things are running smoothly.

On May 1<sup>st</sup>, the LLUMC neurology physicians took over our tele-neurology services. This has been going well. The plan is to increase the scope of their services as the stroke center progresses.

#### **Regulatory Issues**

On April 6<sup>th</sup> we had a Riverside County Department of Environmental Health hazardous materials inspection. There were a few opportunities for improvement identified. On June 13th our re-inspection was conducted and all concerns resolved. Our next inspection will be scheduled in 3 years. TAB E

#### REGULAR MEETING OF THE SAN GORGONIO MEMORIAL HOSPITAL BOARD OF DIRECTORS

#### FINANCE COMMITTEE Tuesday, June 28, 2022

The regular meeting of the San Gorgonio Memorial Hospital Board of Directors Finance Committee was held on Tuesday, June 28, 2022. To prevent the spread of COVID-19 (coronavirus), there was no public location for attending this committee meeting in person. Committee members, staff members, and members of the public participated telephonically.

Members Present:	Susan DiBiasi, Ehren Ngo (Chair), Ron Rader, Steve Rutledge, Siri Welch
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Members Absent: None

Required Staff:Steve Barron (CEO), Pat Brown (CNO/COO), Daniel Heckathorne (CFO), Ariel Whitley<br/>(Executive Assistant), Margaret Kammer (Controller), Angela Brady (ED Director),<br/>Annah Karam (CHRO), Karan P. Singh (CMO)

AGENDA ITEM	DISCUSSION	ACTION / FOLLOW-UP
Call To Order	Chair Ngo called the meeting to order at 9:03 am.	
Public Comment	Members of the public who wished to comment on any item on the agenda were encouraged to submit comments by emailing <u>publiccomment@sgmh.org</u> prior to this meeting. No public comment emails were received.	
OLD BUSINESS	·	
Proposed Action - Approve Minutes May 31, 2022,	Chair Ngo asked for any changes or corrections to the minutes of the May 31, 2022, regular meeting. There were none.	The minutes of the May 31, 2022, regular meeting will stand correct
regular meeting           NEW BUSINESS		as presented.

AGENDA ITEM		DISC	USSION		ACTION /
					FOLLOW-UP
Proposed Action – Recommend Approval to Hospital Board of Directors - Monthly Financial Report (Unaudited) – May 2022	finance report as Mr. Heckathorn compared to by inpatient census 3,417 and May procedures. C Supplemental In \$690K of AB adjustment, and \$1.15M of Sup were under budg On a YTD basis -\$7.9M.	s included in the e reported that udgeted EBID s was 18.7, and surgery visits Other adjustr noome as follo 113 funds, 1 \$127K AB113 plemental Fun- get for the mon s the EBIDA is	e board packets. May had \$277K A loss of \$1.42 d Emergency vis remained high at nents/unusual ws: \$336K QAF nostly from a funds for curren ding. Overall Op th by \$410K.	A positive EBIDA 2M. The average sits were high at 153 plus 23 G.I. items included 7 Quarterly grant, previous year's at year, for a total berating Expenses ad to the budgeted e Hospital Board.	M.S.C. (Rader/Rutledge), the SGMH Finance Committee voted to recommend approval of the Unaudited May 2022 Financial report to the Hospital Board of Directors.
	DiDiagi	Vaa	Nee	Vac	
	DiBiasi Rader	Yes	Ngo	Yes	
	Welch	Yes Yes	Rutledge           Motion carried	Yes	
Proposed Action – Recommend Approval to Hospital Board and Healthcare District Board FY 2023 Operating Budget and FY 2023 Capital Budget	June 30, 2023 Budget, Combin SGMHD Operat packets. It was noted that ROLL CALL: DiBiasi Rader Welch	, Budget Pack and Balance Sh ting Budget pro	kage: Operating leet, Cash Flow S esentation as inclu	the SGMH FYE Budget, Capital statement, and the uded in the board e Hospital Board. Yes Yes	M.S.C. (Welch/Rutledge) SGMH Finance voted to recommend approval of the FY 2023 Operating budget and FY 2023 Capital budget to the Hospital Board of Directors and the Healthcare District Board of Directors.
Future Agenda Items	None.				

AGENDA ITEM	DISCUSSION	ACTION / FOLLOW-UP
Next Meeting	The next regular Finance Committee meeting will be held on July 26, 2022.	
Adjournment	The meeting was adjourned 10:31 am.	

In accordance with The Brown Act, *Section 54957.5*, all reports, and handouts discussed during this Open Session meeting are public records and are available for public inspection. These reports and/or handouts are available for review at the Hospital Administration office located at 600 N. Highland Springs Avenue, Banning, CA 92220 during regular business hours, Monday through Friday, 8:00 am - 4:30 pm.

Minutes respectfully submitted by Ariel Whitley, Executive Assistant



# SAN GORGONIO MEMORIAL HOSPITAL BANNING, CALIFORNIA

**Unaudited Financial Statements** 

for

**ELEVEN MONTHS ENDING MAY 31, 2022** 

**Certification Statement:** 

To the best of my knowledge, I certify for the hospital that the attached financial statements, except for the uncertainty of IGT revenue accruals, do not contain any untrue statement of a material fact or omit to state a material fact that would make the financial statements misleading. I further certify that the financial statements present in all material respects the financial condition and results of operation of the hospital and all related organizations reported herein. Certified by:

Daniel R. Heckathorne

Daniel R. Heckathorne

CFO

# San Gorgonio Memorial Hospital

# **Financial Report - Executive Summary**

For the Month of May 31, 2022 and Eleven Months Ended May 31, 2022 (Unaudited)

### Profit/Loss (EBIDA) Summary (MTD) Positive and (YTD) Negative (see YTD Note)

The month of May resulted in \$277K Earnings before Interest, Depreciation and Amortization (EBIDA) compared to budgeted EBIDA loss of \$1.42M.

**YTD** – There was a \$3.6M loss in Earnings before Interest, Depreciation and Amortization (EBIDA) compared to a budgeted loss of \$7.9M (adjusted to \$7.0M to remove \$895K IGT Expense booked in 2021).

**Month** – Adjustments/unusual items: The May Surgery visits remained high at 153 plus 23 G.I. procedures. The Emergency visits were also high at 3,417. The average inpatient census was 18.7. The positive May activities were as follows:

- Other Income included: \$336K QAF Quarterly grant, \$690K of AB113 funds, mostly from a previous year's adjustment, and \$127K AB113 funds for current year, for a total \$1.15M of Supplemental Funding.
- Total Operating Expenses were \$410K below budget (see comments below)

May's inpatient average daily census was 18.7, compared to 20.3 in April and 20.7 in March. Adjusted Patient Days were 18.9% under budget (1,706 vs. 2,105) and Patient Days were 45% below budget (580 vs.1,048). Emergency Visits were 13.8% over budget (3,417 vs. 3,002), and overall Surgeries were significantly over budget by 66% (153 vs. 92).

**YTD** – Overall workloads are as follows: Adjusted Patient Days = 21,783 vs. 24,114 budgeted (-9.6%): Patient Days = 9,009 vs. 11,840 budgeted (-24%); Emergency Visits = 35,958 vs. 34,918 (+3.0%), and Surgeries were 1,293 vs. 991 (+30%). EBIDA results are now \$4.29M better than the unadjusted EBIDA target of -\$7.9M for the first 11 months of the year. Overall Operating Revenues are \$4.19M better than budget, while Operating Expenses were \$96K under budget.

### Patient Revenues (MTD) Positive (YTD) Positive

**Month** - The Net Patient Revenue in May continues to reflect improved A/R collections ratios, higher than expected payments on some long-term patient stays, and managed care rate increases estimated at \$185K for the month. These resulted in a favorable \$393K variance.

**YTD** – Net Patient Revenue through May was \$57.9M compared to the budgeted \$55.9M. Of note, the increase in managed care contracted revenue since September is estimated at \$1.76M.

# Total Operating Revenues (MTD) Positive & (YTD) Positive

Month – Operating Revenue in May was \$1.29M over budget. This was impacted by the key variances in Net Patient Revenues and Other Income described above.

**YTD** – Operating Revenue was \$4.19M over budget, impacted by the Net Patient Revenues being \$2.0M over budget and the Non-Patient Revenues were \$2.2M over budget.

# **Operating Expenses (MTD) Positive & (YTD) Positive**

**Month** - Operating Expenses in May were \$6.6M and were under budget by \$410K. Unusual items that impacted overall Expenses were BETA dividends of \$26K for the Liability coverage, a premium credit of \$30K, and a \$44K dividend for Workers Comp coverage. We also received a \$76K refund from previously over-billed ICU nurse registry fees. These items resulted in a combined total reduction of \$175K for the month. Nevertheless, many costs were down and were impacted by the lower inpatient workloads.

There were other "re-classes" of expenses between the various Expense categories which did not impact the overall "bottom line" total. These included 1) reclassing the first half of the yearly BETA refunds of

\$70K received earlier in the year from "Other Revenues" to a \$26K offset of "Insurance Expense" and a \$44K offset of "Employee Benefits"; 2) reclassing \$79K of robotic rental fees from "Supplies" to "Rents & Leases", and 3) reclassing \$168K of Occupational Medicine contracted service fees from "Physician Fees" into "Purchased Services". Finally, unusual costs incurred in May related to the December Measure H election fee received from the County which added \$75K to "Other Expense".

**YTD** – Variances include: 1) Salaries were \$1.0M under budget while Contract Labor was over budget by \$422K due to shortage of nurses and the covid surge; 2) Benefits were \$476K (5.2%) over budget which has been consistent with previous monthly experience. 3) Purchased Services were \$412K over budget which includes Allscripts/Navigant \$692K variance to budget based on overall collection performance, Infection Control (\$86K), Environmental Services (\$67K), and Human Resources (\$115K), with large offsets of favorable variances in Administration (\$171K), I/T (\$105K), Surgery (\$140K), and Laundry (\$63K); 4) Supplies were over budget by \$1.74M, largely due to the covid surges and much higher Surgery volumes than budgeted. Some of the major variances over budget include Surgery (\$626K), Lab (\$612K), Pharmaceuticals (\$443K), Emergency (\$127K), Blood (\$116K), and ICU and Med Surg (\$222K). These were offset by several other departments whose supply costs were below budget; 5) Utilities are over budget by \$247K (20%) – it appears that the warmer than usual summer and the cooler than usual winter are having an impact on these costs; 6) Repairs were over budget by \$211K, which included accelerated repairs made on emergency doors and negative pressure rooms and all of the testing/repairs referred to in the April monthly comment; 7) Other Expenses were \$1.07M below budget as generally everyone is taking a conservative approach toward many projects during this year, including dues and subscriptions, outside education, and travel (combined \$349K), along with other expenditures which have not been incurred; 8) IGT Expense was under budget by \$895K due to those costs being included in the previous year's audited statements; and 9) Leases and Rentals were \$572K below budget, of which \$309K was impacted by the exclusion of leasing telemetry monitors along with the delay in the surgical robotics lease, and Respiratory Therapy rentals are \$127K less than expected.

#### **Balance Sheet/Cash Flow**

Patient cash collections in May were \$4.29M following record months in April (\$7.0M), March (\$6.7M) and February (\$6.68M). The Gross A/R Days increased from 70.5 in April to 74.4 in May, and the Net A/R days increased by about 2 days. This increase in Gross Days was impacted by the low revenues in April and May, along with about \$5.5M being "held" in A/R waiting for Bad Debt write off and assignment to collection agencies. Again, this is due to complications surrounding implementation of the new California AB1020 rule which changed the "150 day" self-pay billing process to a mandated "180 day" billing process. (This matter will clear in June.)

Cash balances decreased in May to \$6.5M compared to April's \$8.4M. The Accounts Payable were also decreased by \$554K from April. The line of credit balance was maintained at \$6M in May as it has been since the end of February. There were large amounts of District taxes received in May, causing those Receivables to drop by \$2.6M from the previous month, and impacting the Bond Reserve account to increase by \$3.6M from the prior month. Finally, the Stimulus Funds advance \$387K balance was paid off in May.

#### **Concluding Summary**

#### **Positive takeaways:**

- 1) Total Surgeries were 66% over budget, which reflects the trends of the past three months.
- 2) Operating Expenses were under budget.
- 3) Total Operating Revenues were strong due to Net Revenues and Supplemental Funding.

#### Negative takeaways:

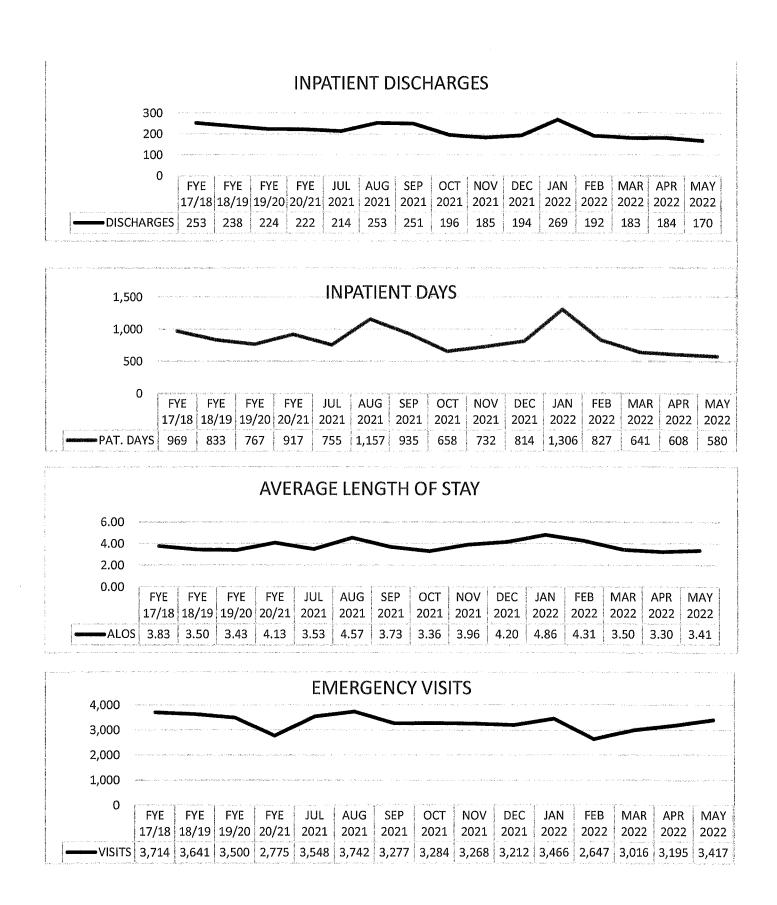
1) Supply expenses continue to be the biggest YTD challenge.

<u>STA</u>	STATISTICS	
Inpa	Inpatient Admissions/Discharges (Monthly Average)	Represents number of patients admitted/discharged into and out of the hospital.
Pati	Patient Days (Monthly Average)	Each day a patient stays in the hospital is counted as a patient day. This count is normally done at midnight.
Ave	Average Daily Census (Inpatient)	Equals the average number of inpatients in the hospital on any given day or month.
Ave	Average Length of Stay (Inpatient)	Represents that average number of days that inpatients stay in the hospital.
Eme	Emergency Visits (Monthly Average)	Represents the number of patients who sought services at the emergency room.
Surç	Surgery Cases - Excluding G.I. (Monthly Average)	Equals the number of patients who had a surgical procedure(s) performed.
G.I.	G.I. Cases (Monthly)	Number of patients who had a gastrointestinal exam performed.
New	Newborn Deliveries (Monthly)	Number of babies delivered.
PRC	PRODUCTIVITY	
3-A	Worked FTEs ( includes Registry FTEs)	Represents an equivalancy of full-time staff worked. One FTE is equivalent of working 40 hours per week, 80 hours per pay period, 1/3.3 hours per 30 day month, or 2,080 hours in a 52 week year. This calculation divides the number of hours worked by the number of hours work period (40, 80, etc.) Example: 340 hours worked in an 80 hour pay period = 4.25 FTE's
Wor	Worked FTES per APD	Divides the Total Worked FTE's by the daily average of the Adjusted Patient Days.
Paic	Paid FTEs ( includes Registry FTEs)	Represents an equivalancy of full-time staff paid. One FTE is equivalent of working 40 hours per week, 80 hours per pay period, 173.3 hours per 30 day month, or 2,080 hours in a 52 week year. This calculation divides the number of hours paid (includes all hours paid consisting of worked hours, PTO hours, sick pay, etc.) by the number of hours in the respective work period (40, 80, etc.) Example: 500 hours paid in an 80 hour pay period = 6.25 FTE's.
Paic	Paid FTES per APD	Divides the Total Paid FTE's by the daily average of the Adjusted Patient Days.
rdy	ADJUSTED PATIENT DAYS	This is a blend of total patient days stayed in the hospital for a month, plus an equivalency factor (based on average inpatient revenue per patient day) applied to the outpatient revenues in order to account for outpatient workloads.

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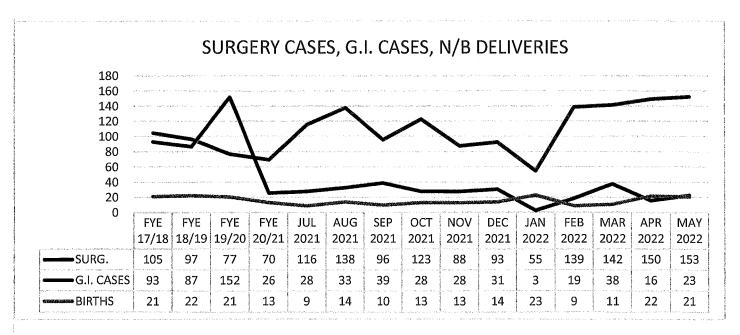
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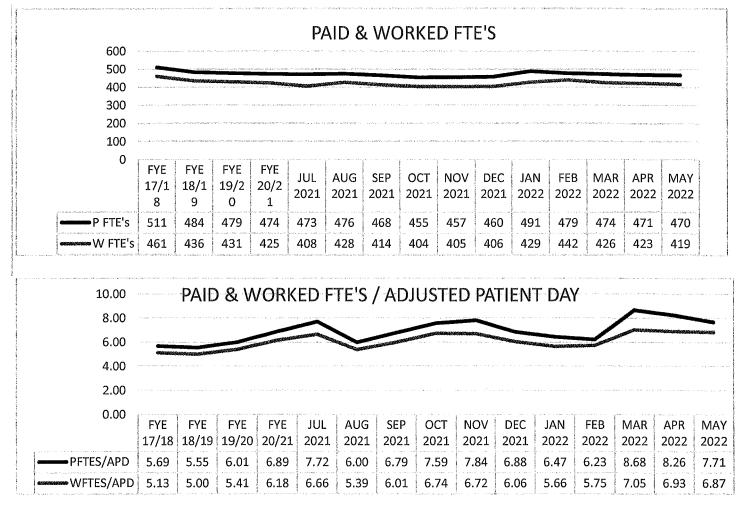
# SAN GORGONIO MEMORIAL HOSPITAL



3-B

# SAN GORGONIO MEMORIAL HOSPITAL



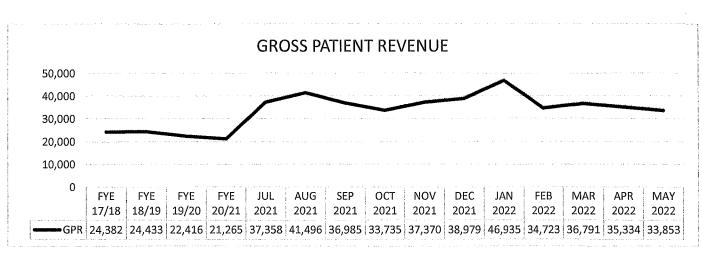


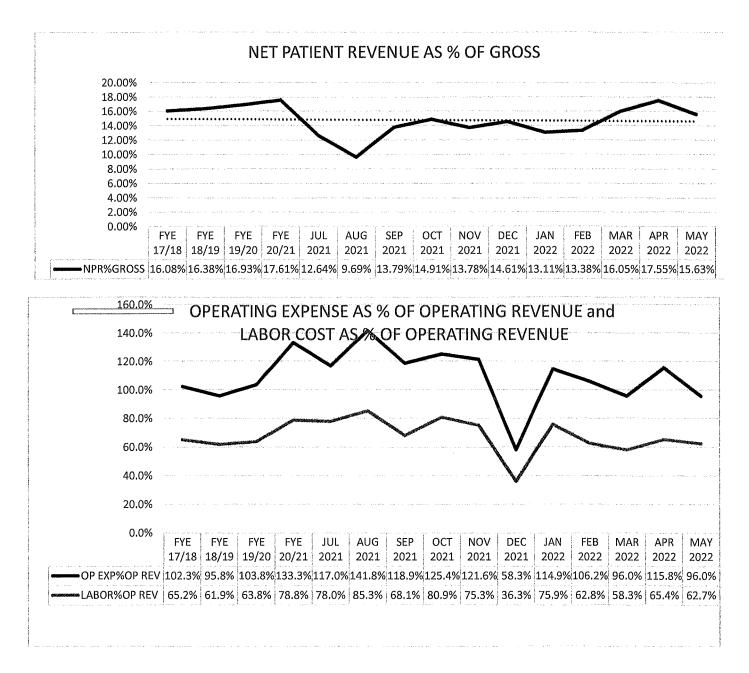
3-C

Gross Patient Revenue (000's) (Monthly Ave.) Represents total charges (before discounts and allowances) made for all patient services provided.	Net Patient Revenue (NPR) (000's) (Monthly Ave.) Equals the sum of all (patient) charges for services provided that are due to the hospital, less estimated adjustments for discounts and other contractual disallowances for which the patients may be entitled.	R as % of Gross of Gross Patient Revenues (charges) that are expected to be collected. Calculated by dividing Net Patient Revenue by the Gross Patient Revenue.	Total Operating Revenue (000's) (Monthly Ave.) This reflects all Revenues available for payment of Operating Expenses. This includes Net Patient Revenue plus all other forms of miscellaneous Revenues.	Salaries, Wages, Benefits & Contract Labor (000's) Represents the total staffing expenses of the Hospital (Monthly Ave.)	SWB + Contract Labor as % of Total Operating Revenue Identifies what portion the Operating Revenues are spent on staffing costs.	Total Operating Expense (TOE) (000's)(Monthly Ave.) Operating Expense reflects all costs needed to fund the Hospital's business operations.	TOE as % of Total Operating Revenue Identifies the relationship that Operating Expenses have to the Total Operating Revenues.	EBIDA (000's)(Monthly Average) and Total Operating Sefore Interest, Depreciation, and Amortization. This reflects the difference between Net Operating Revenues and and Total Operating Expense. This is a quick measurment of the Hospital's ability to meet its financial obligations and have additional funds for equipment replacement and future growth of the organization.	EBIDA as % of NPR	Net Patient Revenue vs. Total Labor Expense This measurement illustrates that Net Patient Revenues basically only cover Total Labor Expense, and that all of the Other Revenues and Supplemental Incomes are necessary to cover the remaining operational Expenses and EBIDA required to operate the Hospital.	Operating Revenues (Normalized), Expenses, Staffing This graph illustrates the "normalization" of Operating Revenues and EBIDA, by reallocating the Rate Range Income Expenses, and EBIDA (Normalized) booked in December, 2021 over the all 6 months of the FYE December 31, 2021. (new in February, 2022)
Gross Patient Rev	Net Patient Rever	NPR as % of Gross	Total Operating R	Salaries, Wages, (Monthly Ave.)	SWB + Contract I	W Total Operating E	TOE as % of Tota	EBIDA (000's)(Mc	EBIDA as % of NI	Net Patient Rever (new in February,	Operating Reven Expenses, and EB (new in February,

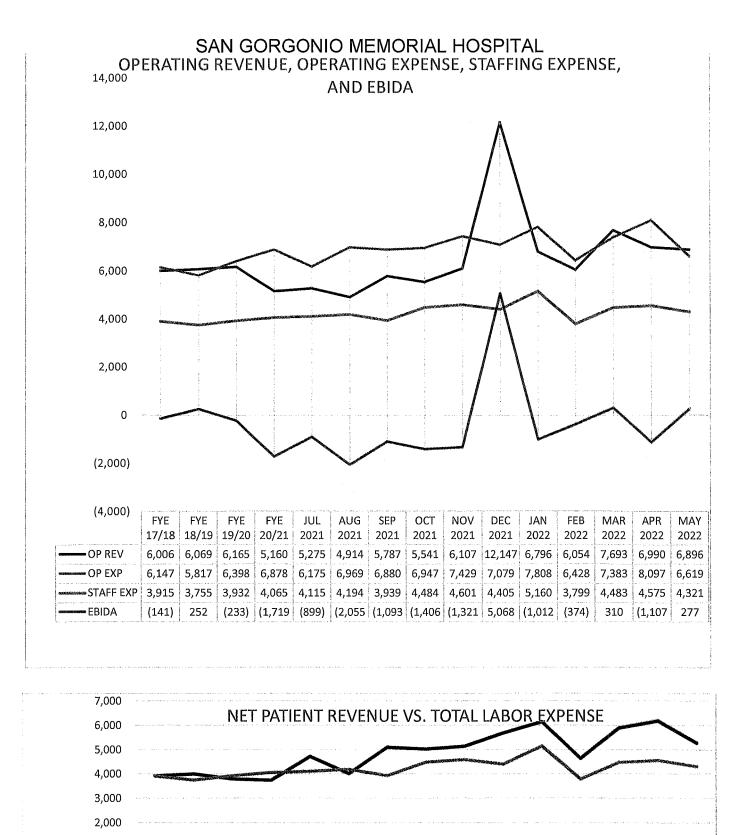
INCOME STATEMENT

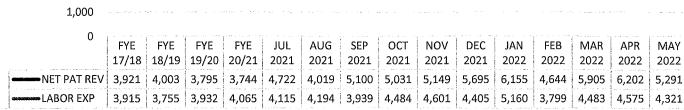
## SAN GORGONIO MEMORIAL HOSPITAL



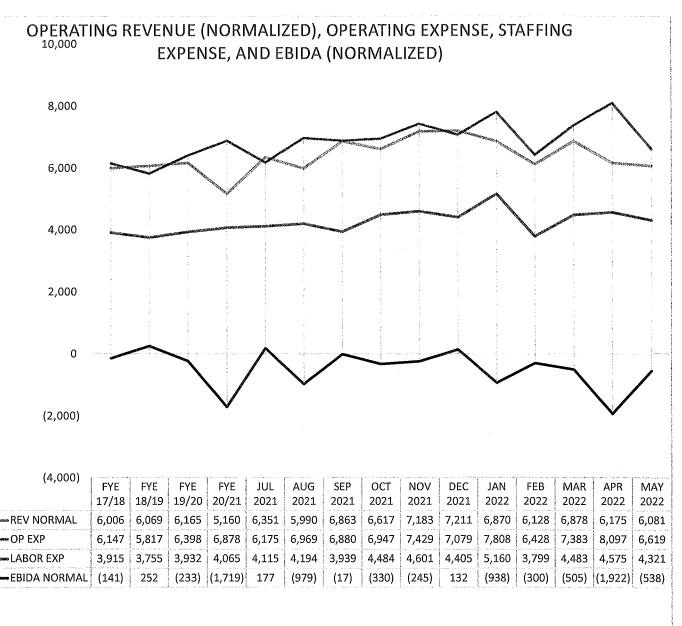


3-E





3-F



3-G

						SAN GC	SAN GORGONIO HEALTHCARE DISTRICT & HOSPITAL - BANNING, CA Month-to Month FYE June 30, 2022 Statement of Revenue and Expense	ONIO HEALTHCARE DISTRICT & HOSPIT Month-to Month FYE June 30, 2022 Statement of Revenue and Expense	E DISTRICT nth FYE Jur tue and Exp	& HOSPITA le 30, 2022 ense	l - Bannin	lG, CA					
	FYE17/18	FYE18/19	FYE19/20	FYE 20/21	FYE 21/22	FYE 21/22	FYE 21/22	FYE 21/22	FYE 21/22	FYE 21122	FYE 21/22	FYE 21122	FYE 21/22	FYE 21/22	FYE 21/22	FYE 21/22	FYE 21/22
	MONTHLY AVE. N	MONTHLY AVE.	MONTHLY AVE.	MONTHLY AVE N	MONTHLY AVE.	7/31/2021	8/31/2021	9/30/2021	10/31/2021	11/30/2021	12/31/2021	1/31/2022	2/28/2022	3/31/2022	4/30/2022	5/31/2022	5/31/2022
Gross Patient Revenue Inpatient Revenue	\$ 8,652,325 \$	7,667,883	\$ 7,401,282 \$	\$ 9,331,371 \$	\$ 16,911,004	\$ 15,366,746 \$	\$ 20,315,097 \$	18,658,896 \$	11,148,784 \$	18,051,448 \$	17,581,450 \$	29,180,538 \$	16,023,727 \$	14,009,575 \$	3 12,985,480 1	\$ 12,699,299 \$	186,021,040
Inpatient Psych/Rehab Revenue	0	0	G				ı	1		•		•		•	·	-	
Outpatient Revenue	15,730,069	16,765,365	15,067,104	11,933,682	20,685,307	21,991,078	21,181,242	18,326,106	22,586,269	19,318,269	21,397,485	17,754,388	18,699,730	22,781,003	22,348,929	21,153,874	227,538,373
Long Term Care Revenue Home Health Revenue					0									. ,			•
Total Gross Patient Revenue	24,382,394	24,433,247	22,468,386	21,265,053	37,596,310	37,357,824	41,496,339	36,985,002	33,735,053	37,369,717	38,978,936	46,934,926	34,723,457	36,790,578	35,334,409	33,853,172 \$	413,559,413
Deductions From Revenue																	." 1
Discounts and Allowances	(19,635,639)	(19,588,148)	(17,845,730)	(16,635,734)	(30,816,009)	(31,157,700)	(36,364,720)	(30,346,595)	(27,094,692)	(30,704,377)	(31,514,954)	(38,941,080)	(28,951,935)	(29,655,536)	(27,674,758)	(26,569,751)	(338,976,098)
Bad Debt Expense GI HMO Discounts	(806,002) 0	(858,023) n	(653,280) 0	(824,395)	(1,371,210)	(1,478,073) 0	(963,563) D	(1,509,194) 0	(1,466,791) ß	(1,418,564) 0	(1,744,778) 0	(1,661,127) n	(1,097,242) 0	(1,207,381) 0	(1,432,016) -	(1,104,585)	(15,083,314) -
Charity Care	(80,410)	(56,168)	(86,517)	(41,362)	(144,020)	0	(148,810)	(29,218)	(142,235)	(97,440)	(23,772)	(177,583)	(29,837)	(22,283)	(25,690)	(887,352)	(1,584,221)
Total Deductions From Revenue	(20,522,051)	(20,502,339)	(18,585,527)	(17,501,490)	(32,331,239)	(32,635,773)	(37,477,093)	(31,885,008)	(28,703,718)	(32,220,382)	(33,283,504)	(40,779,789)	(30,079,014)	(30,885,200)	(29,132,464)	(28,551,588)	(355,643,633)
Net Patient Revenue	3,860,343	3,930,908		3,763,563	5,265,071		4,019,246		5,031,335	-86.2% 5,149,335	-85.431 5,695, <b>4</b> 31	6,155,137	4,644,443	5,905,378	6,201,945	5,291,484 \$	57,915,780
Non- Patient Revenues																	
IGT/DSH Revenues	1,530,975	1,485,337	1,157,326	869,707	546,990		0	0	0	0	6,016,888	0	0	0	0		6,016,888
Grants & Other Op Revenues Olinic Net Revenues	- 193,507	205,590	750,434 15 743	505,190	549,411 0	157,360 0	505,308 0	308,393	124,989 G	5/3,166 R	51,070 0	0	1,025,766 0	1,404,234 0	404,979 0	1,221,031	6,043,522
Tax Subsidies Measure D	174,852	196,524	199,469	209,744	233,333	233,333	233,333	233,333	233,333	233,333	233,333	233,333	233,333	233,333	233,333	233,333	2,566,663
Tax Subsidies Prop 13	105,376	115,388	114,061	142,552	150,000	150,000	150,000	150,000	150,000	150,000	150,000 ^	150,000	150,000 ĵ	150,000	150,000	150,000	1,650,000
I ax subsidies county suplimit Funds Non-Patient Revenues	2,041,675	2,041,381	9,064 2,246,097	10,103	1,479,734	550,693	888,641	0 691,726	508,322	0 956,499	0 6,451,291	640,560	1,409,099	1,787,567	788,312	1,604,364 \$	16,277,073
	070 000 L	000 010 1		1 700 240		112 020 1	000 100 1	102 FOL 3		200 20F 0	002 J1 P 07	6 705 607	6 052 E42	110 009 1	6 000 3E7	C 00E 040 C	74 405 953
I Otal Operating Revenue	010'702'0	607'7 I6'C	0,120,300	e e e e e e e e e e e e e e e e e e e	000 <del>111</del> /0	0,41,212,0	000'100't	171'161'0	000,000,0	220 <sup>(</sup> 22) <sup>(</sup> 2	77,140,1 (21		400,000,0		· · · · · · · · · · · · · · · · · · ·		
Operating Expenses	3 000 485	2 941 226	3 104 224	3 125 159	3 436 945	3 189 198	3.247.078	3.119.355	3.609.281	3.731.115	3.541.554	3.869.331	3.024.051	3.508.794	3.443.890	3.522.753	37,806,400
C Fringe Benefits	784,204	702,477	752,708	856,889	834,232	846,091	739,288	723,743	807,750	806,996	755,181	1,176,353	851,149	828,985	886,002	755,019	9,176,557
	130,625	106,628	59,516	114,886	99,011	79,279	207,937	95,749 F20,004	66,995 246 526	62,832 242 597	108,418	114,375	(76,550) 24° 07°	145,598	244,817 407 575	39,673 105 777	1,089,122 2 722 600
Purchased Services	211,63U 581,239	246,651 513.857	341,858 691,337	300,783 772,336	901.634	531.182	891.877	812.271	310,404	343,301 1.034.039	953,575	877,171	992,328	1,036,315	966,521	912,287	9,917,970
Supply Expense	699,167	685,518	751,025	903,883	992,644	644,984	1,273,837	1,133,627	784,949	1,033,756	1,044,298	931,808	907,500	1,024,948	1,455,590	683,784	10,919,081
Utilities	74,205	75,471	80,680	92,287	110,854	67,465	61,579	119,284	159,817	83,919	145,701	135,515	130,260	102,218	114,367	99,273	1,219,397
Repairs and Maintenance	53,574 oc E97	58,325 of 267	58,592 403 377	139,712	78,803	107,979	124 224	81,746 115 006	195,797 115 006	145,83 115,404	48,900 129,887	47,301 130,590	28,900 119,850	31,304 122 460	103,133	29.026	1 232 515
Insurance Expense All Other Operating Expenses	00,331 68,153	70,922	160,745	110,003	91,385	63,027	56,824	97,243	122,788	46,020	75,944	154,765	50,537	67,757	75,734	194,597	1,005,236
IGT Expense	217,249	58,743	109,484	172,366	0	0	0	0	0	0	0	0	•	0	-		
Leases and Rentals	57,507	76,150	79,233 94 628	79,424	78,564	69,305 0	73,820	56,259 0	87,089 0	81,362 0	76,968 N	72,138 D	51,487 0	69,694 0	113,459	112,625	864,206
Total Operating Expenses	6,045,502	5,720,023	6,377,306	6,901,255	7,074,538	6,174,581	6,969,083	6,887,564	6,946,803	7,428,666	7,078,738	7,808,187	6,427,676	7,382,712	8,097,148	6,618,763 \$	77,819,921
EBIDA	(143,485)	252,266	(248,351)	(1,394,337)	(329,733)	(901,836)	(2,061,196)	(1,095,843)	(1,407,147)	(1,322,832)	5,067,984	(1,012,491)	(374,133)	310,232	(1,106,891)	277,085 \$	(3,627,068)
Interest, Depreciation, and Amortization Derreciation and Amortization	1 512 466	497 808	506.497	494.721	504.865	504.865	504.865	504.865	504.865	504,865	504,865	504,865	504,865	504,865	504,865	504,865	5,553,515
Interest Expense	432,490	418,193	422,094	447,994	412,686	386,425	413,384	335,467	404,425	421,092	374,425	393,735	591,013	393,056	374,425	452,092	4,539,541
Total Interest, Depr, & Amort.	944,956	916,000	928,591	942,715	917,551	891,290	918,249	840,332	909,290	925,957	879,290	898,600	1,095,878	897,921	879,290	956,957	10,093,056
Non-Operating Revenue:	44 2E4	37.7	97 7ED	194	NN 54	3 943	20 882	2 960	1 708	1 695	4 381	596	186.373	9.437	183.295	52.869	476.786
Contributions & Other Tax Subsidies for GO Bonds - M-A	14,334 652,487	692,457	666,966 666,966	598,410	613,966	5,213 613,966	613,966	613,966	613,966	613,966	613,966	613,966	613,966	613,966	613,966	613,966	6,753,622
Total Non Operating Revenue/(Expe	666,841	700,202	694,725	605,531	657,310	617,179	643,847	616,935	615,674	615,661	618,347	614,928	800,339	623,403	797,260	666,835	7,230,408
Total Net Surplus/(Loss)	(421,599)	36,467	(482,217)	(1,731,521)	(589,974)	(1,175,948)	(2,335,597)	(1,319,240)	(1,700,764)	(1,633,129)	4,807,040	(1,296,162)	(669,672)	35,714	(1,188,921)	(13,037) \$	(6,489,715)
Change in Interest in Foundation Extra-ordinary Loss on Financing	• •		0 (689.574)	(650)	0.0											. 0	
Increase/(Decrease in Unrestricted Net _ \$	s (421,599) \$	36,467	1 11	\$ (1,732,171) \$	(589,974)	\$ (1,175,948) \$	\$ (2,335,597) \$	(1,319,240) \$	(1,700,764) \$	(1,633,129) \$	4,807,040 \$	(1,296,162) \$	(669,672) \$	35,714	\$ (1,188,921) \$	\$ (13,037) \$	(6,489,715)
Total Profit Margin	-7.1%	0.6%	-7.9%	-31.4%	-2.7%	-22.3%	-47.6%	-22.8%	30.7%	-26.7%	39.6%	-19.1%	-11.1%	0.5%	-17.0%	-0.2%	-8.7% -4 e%
EBIDA %	-2.4%	4.2%	4.1%	-23.3%	4.4%	%1.71-	42.0%	-10.3%	%4.07-	0/1-17-	41.170	0/ 6-41-	0/70-	e/ 0.4	8/0-CI-	N O'L	

Note: Trend variances in the FYE 21/22 monthly columns are explained in the respective monthly financial reports - "Financial Report - Executive Summary".

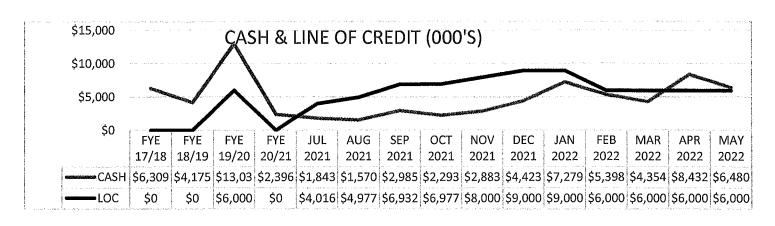
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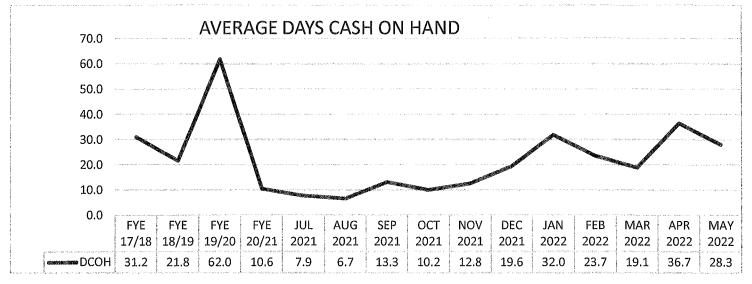
Cash (000's)	Represents all unrestricted cash in the bank at each month-end.
Days Cash on Hand	Calculated by dividing amount of Cash on Hand by the historical average daily amount of cash requirmements to cover operating expenses.
Accounts Receivable - Net (000's)	Equals the sum of all (patient) accounts that are due to the hospital, less estimated adjustments for discounts and other contractual disallowances for which the patients may be entitled.
A/R Days - Net	This measures the average number of days it takes to collect payment of the Net Accounts Receivable. Lower values are desired.
Current Ratio (Current Assets/Current Liabilities)	A measure that illustrates the ability for the hospital to pay its obligations that come due over the course of the next year. The greater the Current Assets as compared to the Current Liabilities, the stronger position the organization is in to pay its upcoming obligations. Desired position is greater than 1:00 to 1:00, preferably at least 1:25 to 1:00 or greater.
Quick Ratio	This measures the Cash + Net Accounts Receivable compared to the Current Liabilities. Desired ratio is greater than 1.00 : 1.00.
Accounts Payable (000's)	Reflects payment obligations of the Hospital as of a point in time. Excludes Loans, Payroll and other Debt obligations. Lower values are desired.
Accounts Payable Days	Reflects the average number of days that it takes to pay routine bills. Lower numbers are desired. Calculated by dividing the Accounts Payable amount by the historical average daily cost of routine expenses.
Line of Credit Balance (000's)	The amount that is currently borrowed from a lending institution as of a given point in time.

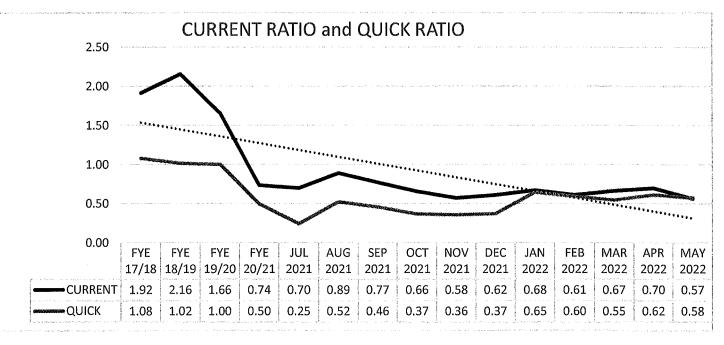
BALANCE SHEET (Period End)

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# SAN GORGONIO MEMORIAL HOSPITAL

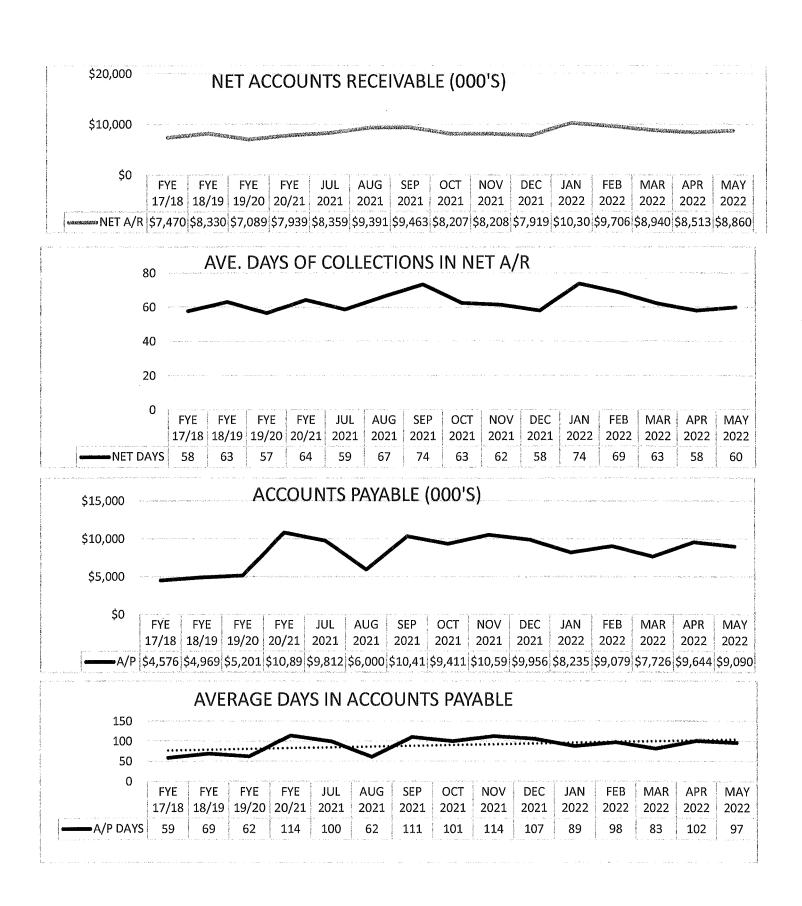






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# SAN GORGONIO MEMORIAL HOSPITAL



3-K

SAN GORGONIO MEMORIAL HOSPITAL EXECUTIVE FINANCIAL SUMMARY ELEVEN MONTHS ENDING MAY 31, 2022

(49,431,200) (411,709) (927,925) (265,339) (474,768) 130,874 (755,603) 1,150,633 1,966,534 2,489,333 547,718 (1,741,877) 895,056 95,927 155,236 3,513,766 4,286,456 51.397.734 4,190,528 DIFFERENCE E ю б θ Ф (7,913,523) (10,003,481) (407,041,367) 462,990,613 55,949,246 7,770,852 70,002,324 47,463,359 3,726,068 9,551,800 14,019,628 9,130,870 6,406,934 895.056 8,158,333 6,282,227 741,760 77,915,847 10,248,291 BUDGET Э S Ś S STATEMENT OF REVENUE AND EXPENSES - MONTH & YTD (3,627,067) (6,489,715) 413,559,413 (355,643,633) 57,915,780 10,260,185 6,016,888 74,192,853 77,819,920 10,093,056 7,230,408 1,216,528 9,963,510 14,775,232 46,915,641 3,595,194 10,872,747 5,256,301 ACTUAL E Ś ω θ S (1,648,939) 35,465,758) (1,423,660) 68,556 7,028,533 40,364,189 4,898,432 5,604,873 ,278,218 813,647 966,945 706,441 340,810 868,853 585,387 741,667 4,351,281 05/31/22 BUDGET ω θ θ Э (13,037) 912,287 1,147,738 (28,561,688) 43,083 683,784 509,469 6,618,763 277,085 33,853,172 5,291,484 1,604,364 6,895,848 192,367 956,957 666,835 4,277,772 05/31/22 ACTUAL Э θ Э S TOTAL NET SURPLUS (LOSS) EBIDA **Total Operating Revenues** Total Expenses Other Operating Expenses & Clinic Loss Purchased Serv. & Physician Fees Supplimental and Grant Expense Depreciation & Interest Expense Non-Operating Revenue/(Exp.) Other Purchase Services Deductions From Revenue Other Operating Revenue Gross Patient Revenues Net Patient Revenues Physicians Fees Salaries, Benefits Contract Labor Supply Expenses IGT Revenue Expenses: Revenue: LINE# REF [14] [15] [11] [16] [10] [13] [12] E Z E **E** <u>6</u> Ε <u>6</u>

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SAN GORGONIO MEMORIAL HOSPITAL **EXECUTIVE FINANCIAL SUMMARY** 

**ELEVEN MONTHS ENDING MAY 31, 2022** 

	BALANCE SHEET	SHEE			
			ΥTD		Prior FYE
			5/31/2022		6/30/2021
	ASSETS				
Ξ	Current Assets	ᡐ	15,066,087	θ	16,547,047
[2]	Assets Whose Use is Limited		12,546,077		10,422,841
[3]	Property, Plant & Equipment (Net)		74,002,271		77,876,031
[4]	Other Assets		617,479		1,196,701
[2]	Total Unrestricted Assets		102,231,915		106,042,620
[9]	Restricted Assets		0		0
E	Total Assets	⇔	102,231,915	⇔	106,042,620
	LIABILITIES AND NET ASSETS				
8	Current Liabilities		\$26,493,422		\$24,037,506
[6]	Long-Term Debt		105,344,521		108,480,892
[10]	Other Long-Term Liabilities		2,231,628		0
[11]	Total Liabilities	\$	134,069,570	S	132,518,398
[12]	Net Assets	θ	(31,837,655)	\$	(26,475,778)
[13]	Total Liabilities and Net Assets	θ	102,231,915	\$	106,042,620

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		04/30/22	05/31/22	05/31/22	2022	2021
		ACTUAL	ACTUAL	BUDGET	ΥТD	YR END TOTAL
		FY 22	FY 22	FY 22	FY 22	FY 21
Ε	Total Acute Patient Days	608	580	1,048	6006	11,008
[2]	Average Daily Census	20.3	18.7	33.8	26.9	30.2
[3]	Average Acute Length of Stay	3.3	3.4	4.1	3.9	4.1
[4]	Patient Discharges	184	170	254	2,291	2,667
[5]	Observation Days	208	228	231	2,534	2,512
[9]	Total Emergency Room Visits	3,195	3,417	3,002	35,958	33,299
E	Average ED Visits Per Day	107	110	67	107	<b>6</b>
[6]	Total Surgeries	150	153	92	1,293	837
[10]	Deliveries/Births	22	21	15	159	158

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#### Statement of Revenue and Expense

#### SAN GORGONIO MEMORIAL HOSPITAL BANNING, CALIFORNIA ELEVEN MONTHS ENDING MAY 31, 2022

							CURREN		лтн	
			RICT ONLY		FY 21		FY 21		Positive	
			CTUAL 5/31/22		ACTUAL 05/31/22	C	UR MO BUD 05/31/22		Negative) Variance	Percentage Variance
Gross F	Patient Revenue									
[1]	Inpatient Revenue	\$	-	\$	12,699,299	\$	20,085,218	\$	(7,385,920)	-58,2%
[2]	Inpatient Psych/Rehab Revenue		-		-	•			07 ( 000	
[3]	Outpatient Revenue		-		21,153,874	\$.	20,278,971		874,903	4.1%
[4] [5]	Long Term Care Revenue Home Health Revenue		-		-					
[5]	Total Gross Patient Revenue	\$	-	\$	33,853,172	\$	40,364,189	\$	(6,511,017)	-19.2%
	ons From Revenue Discounts and Allowances		_		(26,569,751)	¢	(34,557,424)	\$	7,987,673	-30,1%
[7] [8]	Bad Debt Expense		_		(1,104,585)		(850,000)	Ψ	(254,585)	23.0%
[9]	Prior Year Settlements		_		-	\$	(000,000)		(101,000)	20.070
[10]	Charity Care		-		(887,352)		(58,333)		(829,019)	93.4%
[11]	Total Deductions From Revenue		-		(28,561,688)		(35,465,758)	\$	6,904,069	-24.2%
[12]					-84.4%		-88%			
[13]	Net Patient Revenue	\$	-	\$	5,291,484	\$	4,898,432	\$	393,052	7.4%
Non Patie	ent Operating Revenues									
[14]	IGT/DSH Revenues		-		-	\$	-	\$	-	0.0%
[15]	Grants & Other Op Revenues		-		1,221,031	\$	300,191		920,840	75.4%
[16]	Clinic Net Revenues		-		-	\$	-		-	0.70
[17]	Tax Subsidies Measure D		233,333		233,333	\$	239,583		(6,250)	-2.7%
[18]	Tax Subsidies Prop 13 Tax Subsidies County Supplemental Funds		150,000		150,000	\$ \$	166,667		(16,667)	-11.1% 0.0%
[19]	Non- Patient Revenue	\$	383,333	\$	1,604,364	\$	706,441	\$	897,923	56.0%
	Total Operating Revenue	\$	383,333	\$	6,895,848	\$	5,604,873	\$	1,290,975	18.7%
Operati	ng Expenses	<u> </u>		<u> </u>	0,000,010	<u></u>	0,001,010	<u> </u>	1,200,070	10.770
[20]	Salaries and Wages		-		3,522,753		3,577,310	\$	54,558	1.5%
[21]	Fringe Benefits		-		755,019		773,971		18,952	2.5%
[22]	Contract Labor		-		43,083		68,556		25,473	59.1%
[23]	Physicians Fees		-		192,367		340,810		148,443	77.2%
[24]	Purchased Services		6,621		912,287		868,853		(43,435)	-4.8%
[25]	Supply Expense		-		683,784		813,647		129,862	19.0%
[26]	Utilities		1,555		99,273		86,253		(13,020)	-13.1%
[27]	Repairs and Maintenance		3,903		73,948		55,920		(18,028)	-24.4%
[28]	Insurance Expense		-		29,026		115,494		86,468	297.9%
[29]	All Other Operating Expenses		-		194,597		193,338		(1,259)	-0.6%
[30]	Supplimental and Grant Expense		-				0		-	0.0%
[31]	Leases and Rentals		-		112,625		134,381 0		21,756	19.3% 0.0%
[32] [33]	Clinic Expense Total Operating Expenses	\$	12,079	\$	6,618,763	\$	7,028,533	\$	409,770	6.2%
[34]	EBIDA	\$	371,254	\$	277,085	\$	(1,423,660)	\$	1,700,745	613.8%
Interest E	xpense and Depreciation									
[35]	Depreciation		504,865		504,865		535,486	\$	30,621	6.1%
[36]	Interest Expense and Amortization		360,016		452,092		431,460		(20,632)	-4.6%
[37]	Total Interest & depreciation		864,881		956,957		966,945		9,988	1.0%
	erating Revenue:									
[38]	Contributions & Other		52,093		52,869		75,000		(22,131)	-41.9%
[39]	Tax Subsidies for GO Bonds - M-A		613,966		613,966		666,667		(52,701)	-8,6%
[40]	Total Non Operating Revenue/(Expense)		666,058		666,835		741,667	\$	(74,832)	-11.2%
[41]	Total Net Surplus/(Loss)	\$	172,431	\$	(13,037)	\$	(1,648,939)	\$	1,635,902	-12548,2%
[42]	Extra-ordinary loss on Financing		-		-		-			
	Increase/(Decrease in Unrestricted Net Assets	\$	172,431	\$	(13,037)	\$	(1,648,939)	\$	1,635,902	-12548.2%
[43]										
[43] [44]	Total Profit Margin		44.98%		-0.19%		-29.42%			

#### Statement of Revenue and Expense SAN GORGONIO MEMORIAL HOSPITAL **BANNING, CALIFORNIA** ELEVEN MONTHS ENDING MAY 31, 2022

						YEAR-TO	-DATE		
		Di	STRICT ONLY Actual 05/31/22	 Actual 05/31/22		Budget 05/31/22		Positive (Negative) Variance	Percentage Variance
Gross F	Patient Revenue	<b>.</b>					h		
[1]	Inpatient Revenue	\$	-	\$ 186,021,040	\$	227,589,965	\$	(41,568,925)	-22.3%
[2]	Inpatient Psych/Rehab Revenue		-	-	•			-	e =0.
[3]	Outpatient Revenue		-	227,538,373	\$	235,400,648		(7,862,275)	~3.5%
[4] [5]	Long Term Care Revenue Home Health Revenue		-	-					
[6]	Total Gross Patient Revenue	\$		\$ 413,559,413	\$	462,990,613	\$	(49,431,200)	-12.0%
r-1							_	(11/1-1,-11/)	
Deducti	ons From Revenue								
[7]	Discounts and Allowances		-	(338,976,099)		(397,049,701)	\$	58,073,602	17.1%
[8]	Bad Debt Expense		-	(15,083,314)		(9,350,000)		(5,733,314)	-38.0%
[9] [10]	Prior Year Settlements Charity Care		-	- (1,584,221)	\$ ¢	(641,667)		- (942,554)	-59.5%
[10]	Total Deductions From Revenue			 (355,643,633)	Ψ	(407,041,367)	\$	51,397,734	14.5%
[12]				86.0%		-87.9%	<u> </u>	01,007,704	14.070
[13]	Net Patient Revenue	\$	-	\$ 57,915,780	\$	55,949,246	\$	1,966,534	3.4%
Non Pa	tient Operating Revenues						_		
[14]	IGT/DSH Revenues		-	6,016,888		6,282,227	\$	(265,339)	-4.4%
[15]	Grants & Other Op Revenues		-	6,043,522		3,302,102		2,741,420	45.4%
[16]	Clinic Net Revenues		-	-	\$	-		-	0.70
[17]	Tax Subsidies Measure D Tax Subsidies Prop 13		2,566,663	2,566,663	\$	2,635,417		(68,754)	-2.7%
[18] [19]	Tax Subsidies Frop 13 Tax Subsidies County Supplemental Funds		1,650,000	1,650,000	\$ \$	1,833,333		(183,333)	-11.1% 0.0%
[10]	Non- Patient Revenue	\$	4,216,663	\$ 16,277,073	\$	14,053,079	\$	2,223,994	13.7%
							-		
	Total Operating Revenue	\$	4,216,663	\$ 74,192,853	\$	70,002,324	\$	4,190,528	5.6%
	ng Expenses			27 700 094	۴	00 700 007	ŕ	4 004 000	0 70/
[20] [21]	Salaries and Wages Fringe Benefits		-	37,739,084 9,176,557	\$ \$	38,763,287 8,700,072	\$	1,024,203 (476,485)	2.7% -5.2%
[22]	Contract Labor		-	1,216,528	Ψ \$	741,760		(474,768)	-39.0%
[23]	Physicians Fees		-	3,595,194	\$	3,726,068		130,874	3.6%
[24]	Purchased Services		312,339	9,963,510	\$	9,551,800		(411,709)	-4.1%
[25]	Supply Expense		-	10,872,747	\$	9,130,870		(1,741,877)	-16.0%
[26]	Utilities		23,506	1,219,397	\$	971,933		(247,464)	-20.3%
[27]	Repairs and Maintenance		106,943	824,878	\$	613,623		(211,256)	-25.6%
[28]	Insurance Expense		-	1,307,515	\$	1,270,436		(37,079)	-2.8%
[29] [30]	All Other Operating Expenses Supplimental and Grant Expense		-	1,048,488	\$ \$	2,122,747		1,074,259	102.5%
[30]	Leases and Rentals		-	856,022	Ф \$	895,056 1,428,194		895,056 572,173	0.0% 66.8%
[32]	Clinic Expense		-	-	\$	-		072,170	0.0%
[33]	Total Operating Expenses	\$	442,787	\$ 77,819,920	\$	77,915,847	\$	95,927	0.1%
10.13					•	(= 0.40, =000)	-		
[34]	EBIDA	\$	3,773,876	\$ (3,627,067)	\$	(7,913,523)	\$	4,286,456	-118.2%
Interest	Expense and Depreciation								
[35]	Depreciation		5,553,515	5,553,515	\$	5,522,894	\$	(30,621)	-0.6%
[36]	Interest Expense and Amortization		4,011,748	4,539,541		4,725,397	Ŷ	185,856	4.1%
[37]	Total Interest & depreciation	-	9,565,263	 10,093,056		10,248,291	<b>.</b>	155,236	1.5%
Non-Op	erating Revenue:								
[38]	Contributions & Other		112,004	476,786	\$	825,000		(348,214)	-73.0%
[39]	Tax Subsidies for GO Bonds - M-A		6,753,622	6,753,622	\$	7,333,333		(579,711)	-8.6%
[40]	Total Non Operating Revenue/(Expense)		6,865,626	 7,230,408		8,158,333	<u> </u>	(927,925)	-12.8%
[41]	Total Net Surplus/(Loss)	<u></u>	1,074,239	\$ (6,489,715)	\$	(10,003,481)	\$	3,513,766	-54.1%
[42]	Extra-ordinary loss on Financing		-	-		-			
[43]	Increase/(Decrease in Unrestricted Net Assets	\$	1,074,239	\$ (6,489,715)	\$	(10,003,481)	\$	3,513,766	-54.1%
[44]	Total Profit Margin		25.48%	-8.75%		-14.29%			
[45]	EBIDA %		89.50%	-4.89%		-11.30%			

#### SAN GORGONIO MEMORIAL HOSPITAL BANNING, CALIFORNIA ELEVEN MONTHS ENDING MAY 31, 2022

ELEVEN MONTHS ENDING MAY 3			ASSETS				
	DISTRICT ONLY Current Month 5/31/2022	Current Month 5/31/2022	Prior Month 4/30/2022		Positive/ (Negative) Variance		Prior Year End 6/30/2021
Current Assets					<i></i>		
[1] Cash and Cash Equivalents	\$1,907,608	\$6,479,991	\$8,431,995	\$	(1,952,004)	\$	2,395,672
[2] Gross Patient Accounts Receivable [3] Less: Bad Debt and Allowance Reser	ves \$0	\$83,700,002	\$82,005,018	\$ \$	1,694,984		58,800,003
<ul><li>[3] Less: Bad Debt and Allowance Reser</li><li>[4] Net Patient Accounts Receivable</li></ul>	ves \$0 \$0	(\$74,840,418) \$8,859,584	(\$73,491,783) \$8,513,235	э \$	(1,348,635) 346,349		(50,860,800) 7,939,203
[4] Net Fatient Accounts Receivable [5] Taxes Receivable	\$0 \$117,177	\$117,177	\$2,688,710	φ \$	(2,571,534)		1,000,061
[6] Other Receivables (includes advances		(\$2,267,925)	(\$1,959,582)	\$	(308,343)		2,015,108
[7] Inventories	\$0 \$0	\$2,433,993	\$2,400,494	\$	33,498		1,776,554
[8] Prepaid Expenses	\$426,169	\$1,032,187	\$1,064,753	\$	(32,566)		21,485
[9] Due From Third Party Payers-DSH	\$0	(\$1,845,477)	(\$1,845,477)	\$	-		138,601
[10] Malpractice Receivable	\$0	\$0	\$0	\$	-		-
[11] Supplimental Receivables	\$0	\$256,558	\$0	\$	256,558		1,260,363
Total Current A	Assets 3,111,419	15,066,087	19,294,128	\$	(736,481)	\$	16,547,047
Assets Whose Use is Limited [12] Cash [13] Investments [14] Bond Reserve/Debt Retirement Fund [15] Trustee Held Funds [16] Funded Depreciation [17] Board Designated Funds [18] Other Limited Use Assets	\$12,546,077	\$12,546,077	\$8,925,981	\$	3,620,097		10,422,841
Total Limited Use A	Assets 12,546,077	12,546,077	8,925,981	\$	(223,324)	\$	10,422,841
Property, Plant, and Equipment							
[19] Land and Land Improvements	\$4,828,182	\$4,828,182	\$4,828,182	\$	(0)	\$	3,655,877
[20] Building and Building Improvements	\$129,281,561	\$129,281,561	\$129,281,491	\$	70		130,453,796
[21] Equipment	\$26,853,549	\$26,853,549	\$26,853,549	\$	-		26,562,201
[22] Construction In Progress [23] Capitalized Interest	\$1,679,782	\$1,679,782	\$1,613,608	\$	66,174		291,444
[24] Gross Property, Plant, and Equipme		162,643,074	162,576,830	\$	66,243		160,963,318
[25] Less: Accumulated Depreciation [26] Net Property, Plant, and Equi	(\$88,640,802) pment 74,002,271	(\$88,640,802) <b>74,002,271</b>	(\$88,135,937) <b>74,440,893</b>	\$ \$	(504,865) (475,050)	\$	(83,087,287) <b>77,876,031</b>
	5/////////////////////////////////////	74,002,211	74,440,000	Ψ	(470,000)	Ψ	11,010,001
Other Assets							
[27] Unamortized Loan Costs	\$627,385	\$617,029	\$619,618	\$	(2,589)	\$	645,507
[28] Assets Held for Future Use		\$450	\$160	\$	290		
[29] Investments in Subsidiary/Affiliated Org [30] Other	g. \$20,407,630	\$0	\$0	\$	0		551,194
[31] Total Other A	Assets 21,035,014	617,479	619,778	\$	(2,299)	\$	1,196,701
[32] TOTAL UNRESTRICTED AS	SETS 110,694,782	102,231,915	103,280,780	\$	(1,048,865)	\$	106,042,620
Restricted Assets	0	0	0		0		0
[33] TOTAL AS	SETS\$110,694,782	\$102,231,915	\$103,280,780	\$	(1,048,865)	\$	106,042,620
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#### SAN GORGONIO MEMORIAL HOSPITAL BANNING, CALIFORNIA ELEVEN MONTHS ENDING MAY 31, 2022

			DISTRICT ONLY			LIA	BILITIES AND	FU	ND BALANCE		
			Current Month 5/31/2022		Current Month 5/31/2022		Prior Month 4/30/2022		Positive/ Negative) Variance		Prior Year End 6/30/2021
Current	Liabilities										
[1]	Accounts Payable	\$	1,263,505	\$	9,090,210	\$	9,644,221	\$	554,011	\$	11,184,294
[2]	Notes and Loans Payable (Line of Credit)		-		6,000,000		6,000,000	\$	-		-
[3]	Accounts Payable- Tax advance		-		-		-	\$	-		-
[4]	Accrued Payroll Taxes		-		6,017,448		6,079,678	\$	62,230		4,865,852
[5]	Accrued Benefits		-		-		-	\$	-		-
[6]	Accrued Benefits Current Portion		-		-		-	\$	-		-
[7]	Other Accrued Expenses		-		-		-	\$	-		-
[8]	Accrued GO Bond Interest Payable		1,805,354		2,049,071		2,263,537	\$	214,466		1,945,116
[9]	Stimulus Advance		-		-		387,388	\$	387,388		2,120,577
[10]	Due to Third Party Payers (Settlements)		-				-	\$	-		-
[11]	Advances From Third Party Payers		-		400,001		194,908	\$	(205,093)		1,533,196
[12]	Current Portion of LTD (Bonds/Mortgages)		2,335,000		2,335,000		2,335,000	\$	-		2,335,000
[13]	Current Portion of LTD (Leases) Other Current Liabilities		-		- 601,692		- 596,724	\$	-		- 50 474
[14]	Total Current Liabilities		5,403,860		26,493,422		27,501,456	\$	791,861		53,471 24,037,506
Long Te [15] [16]	erm Debt Bonds/Mortgages Payable (net of Cur Portion) Leases Payable (net of current portion)		103,043,956 \$2,300,565		\$103,043,956 \$2,300,565	\$	103,057,314 \$2,315,000	\$ \$	13,358 14,435	\$	108,165,892 \$315,000
[17]	Total Long Term Debt (Net of Current)		105,344,521		105,344,521		105,372,314	\$	313,358	·	108,480,892
Other L [18] [19] [20] [21]	ong Term Liabilities Deferred Revenue Accrued Pension Expense (Net of Current) Other-Bridge Loan Total Other Long Term Liabilities		0 0		2,231,628 <b>2,231,628</b>		2,231,628 2,231,628	\$	0		0 0
		\$	110,748,381	\$	134,069,570	\$	135,105,397	\$	1,035,827	\$	132,518,398
	TOTAL LIABILITIES		110,140,001			- <b>T</b>					
	TOTAL LIABILITIES	Τ.	110,140,001			7				<u>مت</u>	
Net Ass	ets:	Ţ									
[22]	ets: Unrestricted Fund Balance		(1,127,838)	•	(25,347,940)		(25,347,940)	\$	-	\$	3,261,178
[22] [23]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance			•				\$	-		3,261,178 -
[22] [23] [24]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance Restricted Fund Balance	<u> </u>	(1,127,838) - -	•	(25,347,940) - -		(25,347,940) - -	\$	- - -		-
[22] [23]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance			•				\$	- - - 13,037		3,261,178 - - (29,736,956)
[22] [23] [24] [25]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance Restricted Fund Balance Net Revenue/(Expenses)		(1,127,838) - - 1,074,239		(25,347,940) - - (6,489,715)	\$	(25,347,940) - - (6,476,678)			\$	(29,736,956)
[22] [23] [24]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance Restricted Fund Balance		(1,127,838) - -		(25,347,940) - - (6,489,715)	\$	(25,347,940) - -		- - - 13,037 13,037		-
[22] [23] [24] [25]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance Restricted Fund Balance Net Revenue/(Expenses)		(1,127,838) - - 1,074,239		(25,347,940) - - (6,489,715)	\$	(25,347,940) - - (6,476,678)			\$	(29,736,956)
[22] [23] [24] [25]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance Restricted Fund Balance Net Revenue/(Expenses) TOTAL NET ASSETS TOTAL LIABILITIES		(1,127,838) - 1,074,239 <b>(53,600)</b>		(25,347,940) 	\$	(25,347,940) - (6,476,678) (31,824,618)		13,037	\$	(29,736,956)
[22] [23] [24] [25]	ets: Unrestricted Fund Balance Temporarily Restricted Fund Balance Restricted Fund Balance Net Revenue/(Expenses) TOTAL NET ASSETS	\$	(1,127,838) - - 1,074,239	\$	(25,347,940) - - (6,489,715)	\$	(25,347,940) - - (6,476,678)		13,037	\$	(29,736,956)

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### Statement of Cash Flows SAN GORGONIO MEMORIAL HOSPITAL BANNING, CALIFORNIA ELEVEN MONTHS ENDING MAY 31, 2022

		C	ASH FLOW
HEAL	THCARE SYSTEM CASH FLOW		Current Month 5/31/2022
	BEGINNING CASH BALANCES		
[1]	Cash: Beginning Balances- HOSPITAL	\$	6,524,387
[2]	Cash: Beginning Balances- DISTRICT		1,907,608
[3]	Cash: Beginning Balances TOTALS	\$	8,431,995
	Receipts		
[4]	Pt Collections	\$	4,486,228
[5]	Tax Subsidies Measure D		1,066,870
[6]	Tax Subsidies Prop 13		3,616,548
[7]	Tax Subsidies County Supplemental Funds		-
[8]	IGT & other Supplemental (Net)		244,694
[9]	Draws/(Paydown) of LOC Balances		-
[10]	Other Misc Receipts/Transfers		166,280
	TOTAL RECEIPTS	\$	9,580,620
	Disbursements		
[11]	Payroll/ Benefits	\$	4,277,772
[12]	Other Operating Costs		6,416,827
[13]	Capital Spending		50,063
[14]	Debt serv payments (Hosp onlyw/ LOC interest)		_
[15]	Other (increase) in AP /other bal sheet		787,963
[16]	TOTAL DISBURSEMENTS	\$	11,532,625
[17]	TOTAL CHANGE in CASH	\$	(1,952,004)
	ENDING CASH BALANCES		
[18]	Ending Balances- HOSPITAL	\$	4,572,383
[19]	Ending Balances- DISTRICT	Ŧ	1,907,608
[20]	Ending Balances- TOTALS	\$	6,479,991
	ONAL INFO		
[21]	LOC CURRENT BALANCES	\$	6,000,000

TAB F

## SAN GORGONIO MEMORIAL HEALTHCARE DISTRICT and HOSPITAL

FYE June 30, 2023 Budget Package **Operating Budget Capital Budget** Combined Balance Sheet: San Gorgonio Memorial Hospital San Gorgonio Memorial Healthcare District **Cash Flow Statement** SGMHD Operating Budget

#### SAN GORGONIO MEMORIAL HEALTHCARE DISTRICT AND HOSPITAL

FYE June 30, 2023 Budget Assumptions

Key Issues:

Growth Opportunities and Recovery from impact of Covid-19 Pandemic

Programs:

Continue expansion of Surgical Robotics services

Complete development and set-up for new Stroke Program services with expected opening in July 2023

Initiate development of O/B Clinics and Midwifery Program to commence July 2023

Internal Medicine Residency Program to be continued

Continuation of Physician Specialty Coverages in Emergency Room

Workloads:

Increase Inpatient Discharges - (from 2,667 in 2021, 2,597 in 2022, to 2,996 in 2023)

Surgery Volume Increases – Major impact from robotics program (from 837 in 2021, 1,332 in 2022, to 1,457 in 2023) Emergency Room Volume Increases (from 33,299 in 2021, 38,382 in 2022, to 38,959 in 2023)

**Operations**:

Revenues:

Decrease in Medicare Reimbursement; No change in Medi-Cal Reimbursement

Continued increase in IEHP contract rates

Nominal increases in PPO and other managed care contracts

Supplemental Funding programs to be re-instated similar to pre-2022 levels

DSH funding and Graduate Medical Education Funding included

Average Aggregated Overall Increase in Patient Charge Rates of 4.49% (Inpatient = 3.61%, Outpatient = 5.38%). No impact on Net Revenues.

FYE June 30, 2023 Budget Assumptions (continued)

Expenses:

Continue with 2022 Operating and Staffing levels – Flex up primarily only in areas related to growth or as mandated by law

Wage increases planned for October, 2022; Small pool reserved for Market Adjustments

Ensure Operational Efficiencies -

Maintain Labor at current levels except as required in certain growth areas or as required by law;

Reduction in Contract Labor

Reduction in Physician Fees, i.e. drop In Anesthesia fees; Increase in Residency Costs (to be offset from Medicare)

Supplies cost increases consistent with 2022 changes and various inflationary rates; use of less costly covid supplies

Utilities minimal increase due to savings created by new energy reduction program

Other Expenses to hold at current trend

Leases/Rentals at current year trend plus full year of robotics equipment lease

Continue development and fine tuning Allscripts System Applications and Reporting

Legal fees included for various litigation matters

Capital and Financing:

Key Items: Patient Monitoring, Pharmaceutical Dispensing, Surgical Lighting, and Stroke program projects and equipment

Other routine equipment acquisitions

Pursue compliance with Line of Credit covenants

Continue Pursuit of Funding and Grants opportunities

Debt Service for Bridge Loan Financing and 2021 Revenue Bonds provided from Unrestricted Taxes and Revenues

Debt Service for General Obligation Bonds from Measure A property Taxes

SAN GORGONIO MEMORIAL H	HOSPITAL			PROJECTED	BUDGET	
BUDGET 2023 ASSUMPTIONS	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023	Comment
SERVICE AND WORKLOAD						
1 Continued Growth in Emergency Room Visits Specialty coverages in the Emergency Room.	and Surgery Cases. Additional admiss	ions resulting from incre	eased Emergency visit	s, and Surgery cases, a	nd expanded Medical	
Operating Performance						
2 EBIDA	\$3,027,191	(\$2,980,206)	(\$16,732,041)	(\$6,017,556)	\$282,300	
Line of Credit Balances						
3 Line of Credit Ending Balances	\$0	\$6,000,000	\$0	\$12,000,000	\$12,000,000	
Growth and Inflation Rates						
4 IP (ACUTE) Growth Rates vs. PYr	-14.11%	-7.87%	19.86%	-3.56%		(By I/P Days)
5 OP Growth Rates vs. Prior Year	6.11%	-10.13%	-20.80%	5.51%	7.10%	(Based on Charges, w/o Rate Increase
6 ER Growth Rates vs. Prior Year	-1.97%	-10.06%	-15.25%	15.26%	1.50%	( By ED Visits)
7 Aggregated Overall Price Increase	0.00%	0.00%	0.00%	72.37%	4.49%	(2022 =90% of Median of Regional Hospitals)
Expense Inflation						Variation gaparally in this
8 Inflation Rate on Medical Supplies	2.00%	2.00%	2.00%	2.00%	0% to 5%	Various, generally in this range
9 Inflation Rate All Other (Excl SWB)	1.00%	1.00%	1.00%	1.00%	Current Run Rates	
Reimbursement						
10 Medicare Reduction of \$258K, Third	Party Pay increases \$75K, GM	E Reimbursement \$	1.1M, & expected	M-Cal DSH \$700k	X	
-						
Employee Compensation	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023	Comment
11 Average Wage Per Hour Change	-0.76%	10.44%	1.50%	10.98%	8.48%	(Large Market Adjustments in 2020 & 2022)
IGTs and Other Supplemental Revenue S			· · · · · · · · · · · · · · · · · · ·			
12 IGT Revenue, Net of Expense	\$17,119,130	\$12,574,110	\$8,368,092	\$8,608,943	\$13,440,972	
13 Supplemental, Other, & Tax Income	\$6,672,530	\$13,065,250	\$10,483,783	\$10,493,212	\$10,800,726	(Income)
Capital Projects Planned and Financed in						
14 Capital Projects District	\$459,974	\$787,310	\$377,004	\$1,610,000	\$7,054,000	
15 Capital Projects Contingent			·····		\$5,540,931	
FTE Changes	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023	
16 Paid FTEs (includes Registry)	501.4	479.2	475.3	471.0	469.8	
17 Worked FTEs (includes Registry)	450.6	434.2	425.5	419.3	418.2	-0.3%
18 Paid FTES per adj. occupied bed	5.75	6.26	6.90	7.74	7.09	
19 Worked FTES / adj. occupied bed	5.17	5.67	6.18	6.89	6.31	-8.5%

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SAN	GORGONIO MEMORIAL	HOSPITAL				Ĩ	· · · · · · · · · · · · · · · · · · ·
	Patient Workload Volumes				PROJECTED	BUDGET	·····
		FY 2019	FY 2020	FY 2021	FY 2022	FY 2023	Comment
KEY	STATISTICS						
1	Newborn Deliveries	268	246	158	146	146	0.0%
2	Nursery Days	536	492	345	268	268	0.0%
3	Acute Admits	2,857	2,682	2,667	2,597	2,996	15.4%
4	Acute Patient Days	9,991	9,205	11,033	10,640	12,154	14.2%
5	ER Visits	43,687	39,293	33,299	38,382	38,959	1.5%
6	Observation Days	2,028	1,723	2,512	2,699	2,740	1.5%
7	I/P Surgery	422	466	396	440	481	9.3%
8	O/P Surgery	740	397	441	892	976	9.4%
9	GI CASES	1,002	1,726	307	309	309	0.0%
10	Average Daily Census	27.4	25.2	30.2	29.2	33.3	14.2%
11	Average Lengths of Stay	3.5	3.4	4.1	4.1	4.1	-1.0%
12	% of ED Admits Admitted	5.83%	6.20%	7.46%	5.29%	5.29%	0.0%
	OP FACTOR	3.19	3.04	2.28	2.09	2.01	-3.8%
13	Adjusted Patient Days (APD)	31,836	27,944	25,143	22,204	24,195	9.0%
ACU	TE DAYS (Excl. Observation I	Days)			PROJECTED	BUDGET	
		FY 2019	FY 2020	FY 2021	FY 2022	FY 2023	Comment
14	Med/Sur Acute Days	7,385	6,129	6,716	6,842	7,906	15.6%
15	ICU Acute Days	1,350	1,178	1,737	1,555	1,754	12.8%
16	DOU Acute Days	2,257	2,009	2,154	1,869	2,120	13.4%
17	OB Acute Days	640	675	426	374	374	0.0%
18	Total Acute Days	11,632	9,991	11,033	10,640	12,154	14.2%

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SAN	GORGONIO MEMORIAL I	IOSPITAL					·····
Stat	ement of Revenue and Ex	pense			PROJECTED	BUDGET	
		FY 2019	FY 2020	FY 2021	FY 2022	FY 2023	Comment
Gross	s Patient Revenue						
1	Inpatient Revenue	\$92,014,593	\$88,815,381	\$111,976,457	\$216,865,666	\$264,016,318	Includes Rate Increases
2	Outpatient Revenue	201,184,376	180,805,253	143,204,184	235,707,329	266,029,277	и II II
3	Total Gross Patient Revenue	293,198,969	269,620,634	255,180,641	452,572,995	530,045,595	н в ц
Dedu	ctions From Revenue						
4	Discounts and Allowances	(235,057,775)	(214,148,761)	(199,628,805)	(373,180,905)	(441,236,937)	Includes Rate Increases
5	Bad Debt Expense	(10,296,276)	(7,839,364)	(9,892,737)	(17,298,617)	(18,665,612)	
6	Charity Care	(674,019)	(1,038,200)	(496,340)	(915,655)	(960,312)	
7	Total Deductions From Revenue	(246,028,070)	(223,026,325)	(210,017,881)	(391,395,178)	(460,862,861)	Includes Rate Increases
8	% Deductions	-83.91%	-82.72%	-82.30%	-86.48%	-86.95%	Includes Rate Increases
Net P	atient Revenue	47,170,899	46,594,309	45,162,760	61,177,817	69,182,734	
Supp	lemental & Non-Patient Revenue						
	IGT Revenues	17,824,040	13,887,912	10,436,480	8,608,944	14,538,957	
10	Other Operating Rev Incl DSH	2,467,079	9,005,213	6,106,437	5,693,553	5,847,800	
11	Clinic Net Revenues	268,589	188,916	0	0	0	
12	Tax Subsidies Measure D	2,358,293	2,393,627	2,516,922	2,858,198	2,963,926	
13	Tax Subsidies Prop 13	1,384,656	1,368,731	1,710,620	1,800,000	1,854,000	
14	Tax Subsidies -Other	193,913	108,763	149,804	141,461	135,000	
15	Total Non-Patient Revenue	24,496,570	26,953,162	20,920,263	19,102,156	25,339,683	
Total	Operating Revenue	71,667,469	73,547,471	66,083,023	80,279,973	94,522,416	
Expe							
16	Salaries and Wages	35,294,707	37,250,689	37,501,904	41,243,799	44,627,513	8.2%
17	Fringe Benefits	8,429,724	9,032,491	10,282,665	10,140,194	11,024,500	8.7%
18	Contract Labor	1,279,534	714,190	1,378,626	1,255,245	910,917	-27.4%
19	Physicians Fees	2,959,573	3,982,298	4,209,399	4,200,220	4,382,772	4.3%
20	Purchased Services	6,166,280	8,296,048	9,268,035	11,450,105	12,515,534	9.3%
	Supply Expense	8,226,210	9,012,301	10,846,597	12,323,037	13,510,749	9.6%
22	Utilities	905,646	968,157	1,107,443	1,329,931	1,381,613	3.9%
23	Repairs and Maintenance	699,894	703,109	1,676,546	951,930	906,764	-4.7%
24	Insurance Expense	1,023,205	1,239,322	1,328,202	1,375,927	1,475,746	7.3%
	All Other Operating Expenses	851,066	1,928,941	1,785,024	1,083,191	1,187,896	9.7%
	IGT Expense	704,910	1,313,802	2,068,389	0	1,097,985	0.0%
27	Leases and Rentals	913,805	950,799	953,082	943,951	1,218,127	29.0%
28	1206 (b) CLINIC Expense	1,185,724	1,135,530	409,152	0	0	0.0%
29	Total Operating Expenses	68,640,278	76,527,677	82,815,064	86,297,530	94,240,116	9.2%
	EBIDA	3,027,191	(2,980,206)	(16,732,041)	(6,017,556)	282,300	
	est Expense and Depreciation	<b></b>					
	Depreciation	5,973,693	6,077,964	5,936,648	6,078,380	6,600,523	
	Interest Exp and Amortization	5,018,312	5,065,130	5,375,928	4,935,712	4,728,142	
	Total Interest & Depreciation	10,992,005	11,143,094	11,312,576	11,014,092	11,328,665	
Non-(	Operating Revenue:						Includes Donation -
							Morongo Band of
33	Contributions	92,937	333,111	85,447	831,623	5,600,931	Mission Indians
34	Tax Subsidies GO Bonds - M-A	8,309,482	8,003,588	7,180,920	7,367,589	7,514,849	
35	Extraordinary losses		(8,274,886)	(7,800)			
	Total Non Operating Rev/(Exp)	8,402,419	61,813	7,258,567	8,199,212	13,115,780	
Total	Net Surplus/(Loss)	\$437,605	(\$14,061,487)	(\$20,786,050)	(\$8,832,436)	\$2,069,415	
Total	Profit Margin	0.61%	-19.12%	-31.45%	-11.00%	2.19%	
FRID	A % (Adjusted)	4.22%	-4.05%	-25.32%	-7.50%	0.30%	

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	San Gorgonio Memorial Hospital				FY 2	2022						
					(Appro		1	FY 2023		FY 2024		FY 2025
1					July, 2	2021)			Priority			
	3-Year Capital Budget								1 =			
	FYE's 2022 - 2025								Highest, 4			
2			CONTRACTOR OF THE OWNER				and the second		= Lowest			
	DESCRIPTION	DEPARTMEN		Notes								
	Pharmicutical Dispensing systems	Nursing Units	Brown		\$	-		\$ 850,000	1	\$		\$.
5	ICU Monitors & Telemetry System	Nursing Units	Brown					\$ 673,000	1	\$-		\$.
6	Metal Detectors - OB and ER Entrances	Nursing Units	Brown					\$ 36,170	1			
7												
8	Automatic Transfer Switch	Plant	Sanchez		\$	125,000		\$ 150,000	2	\$.		\$
9	Floor Replacement due Poor Moisture	Plant	Sanchez	Main Hallways	\$	-			4	\$ 225,000		\$
10	Parking Lot Striping	Plant	Sanchez		\$	-			4	\$ 75,000		\$
	Circulating Pump	Plant	Sanchez		\$	-		\$ 15,000	2	\$		\$
	Air Curtain Fly Fan x 4	Piant	Sanchez	\$6,300 each	\$	-		\$ 28,000	2	\$		\$
	Storage containers (3)	Plant	Sanchez	Life Safety Issue	<u> </u>				4	\$ 52,000	·	\$
14	Infant Security System	Plant	Sanchez	OB Upgrade Regulatory - panel is not	\$			\$ 40,000	2	<u> </u>		<u>\$</u>
15	OR1 Med Gas panel Communication	Plant	Sanchez	communicating with PBX or Eng = a				\$ 8,000	1	\$ 8,000		\$
16	Medcial Gas Control panel replacement	Plant	Sanchez	Replacement malfuctioning unit				\$ 20,000	1	\$ 20,000	)	\$
	Sterile Processing Humidification System	Plant	Sanchez	Regulatory	\$	246,850		\$ 246,850	1	\$	•	\$
18												
	Doppler Ultrasound System	O/R	Goodner		\$	43,575			4	\$ 49,995		\$
	New Scrub Sinks (& faucet repair)	O/R	Goodner		\$	25,000		\$ 29,053	1	\$	·	\$
	Badge Readers (8 door entryways) Power Set	O/R O/R	Goodner	Du Dala	\$	51,390				\$		\$
			Goodner	Dr. Reis	\$	28,000		\$ -		\$	·	\$
	Steam Instrument Sterilizer	O/R O/R	Goodner	Aging Equipment	\$	119,417		\$ 121,895	2	\$		\$
	Operating Lights Hysterscope	0/R	Goodner Goodner	Make OR 3 functional Volume increases	\$	48,640 14,173		\$ 141,630 \$ -		\$		\$
	Ligasure	O/R	Goodner	Dr. T/Ugochuku	\$	25,978		\$ -		\$		\$
	Replace sink in PACU work room	PACU	Goodner	Lowside= \$5,940	\$	7.500		\$ -		\$		\$
28	Breast CA Markers	O/R	Goodner			.,		\$ 70,000	1	\$		\$
	Sentinal Node Probe Biopsy	O/R	Goodner					\$ 76,267	1	\$	-	\$
	CO2 Insulflator	O/R	Goodner					\$ 54,231		\$	-	\$
	Robotic Table	O/R	Goodner					\$ 97,896		\$	-	\$
	Fracture Table	O/R	Goodner	<u> </u>				\$ 112,516		\$	-	\$
33	Iron Intern Retractor	O/R	Goodner					\$ 6,148	1	\$		\$
	GE Ultrasound Machine	ED	Brady	Dr. Singh				\$ 41,000	2	e		¢
	Hospitalwide Badge Computer Access	ED	Brady	Dr. Singh				\$ 41,000 \$ 151,050		\$	-	\$
	Mindray Monitors in RC/Doc Area	ED	Brady					ψ ιστ,050	4	\$ 16,284	1	\$
	Space IV Pumps (x 5)	ED	Brady		\$	12,750		\$ 63,750		\$ 63.750		\$
39			<u></u>		1			÷ 53,700			1	
	Security Camera revolving upgrade	Security	Hunter	x 32	\$	51,000		\$ -		\$	-	\$
41	Visitor Camera System	Security	Hunter		\$	32,000		\$.		\$	-	\$

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	San Gorgonio Memorial Hospital						(A	FY 2022 pproved in uly, 2021)		FY 2023	Priority	FY 2024		F	Y 2025
<u> </u>	3-Year Capital Budget						ľ	(diy, 2021)			1 =				
	FYE's 2022 - 2025										Highest, 4				
2											= Lowest				
3	DESCRIPTION	DEPA	RTMEN'	T Ow	ner	Notes							1		
43	Stroke Center Package	Imaging		Chamber		\$400,000 projected for FY 2022				\$ 5,200,000		\$	-	\$	-
	Mobile Nuc Med Trailer Unit	Imaging		Chamber		Transistion cost	\$	-		Incl Above		\$	-	\$	
45	CT Scanner replacement	Imaging		Chamber		Equip= \$561,848	\$	800,000		Incl Above		\$	-	. <b>_\$</b>	·
46	Reconditioned SPECT Nuclear Med System	Imaging		Chamber	rlin	Whole body	\$	613,325		Incl Above		\$	-	\$	-
47	CT Scanner Back-up for Stroke Center	Imaging		Chamber		Equip= \$561,848	\$	-		Incl Above		\$	-	\$	-
	PAC'S Cube Replacement	Imaging		Chamber						\$ 14,319	a stand and a stand and a stand at the stand	\$	-	\$	-
	Portable X-Ray Machine	Imaging		Chamber						\$ 170,000		\$	-	\$	-
	Portable C-Arm	Imaging		Chamber						\$ 282,000		\$	-	\$	-
	Hybrid CT/NM Camera (Spect)	Imaging		Chamber			_			\$ 1,350,000		\$	<u></u>	. \$ .	-
	Fluroscopy/Red Room (Room 2)	Imaging		Chamber			-			\$ 1,005,000		\$	-	\$	-
54	Mammograpyh w/ Tomo & Stereo	Imaging		Chamber		· ·				\$ 536,000	1	\$	-	\$	-
	Dietary Food Management (Software	Distant		Hawthor		- ana				\$ 49,365	2	\$		\$	
56	Dietary Food Management (Software	Dietary		Hawthor	ne					<u> </u>	<u> </u>	ð	-	*	
	IS Upgrades and Server Replacements	UT		Maja		3PAR -High Priority, Med Surg rooms I		211,988		\$ 250,000	2	\$ 120,00		\$	
58	is opgrades and Server Replacements	U 1		INIAJA		SPAR - High Phoney, Med Surg rooms i		211,500		ə 200,000		φ 120,00	-		
	Automated Blood Bank System	Lab		Hazley			\$	108,488		\$ 97,000	3	\$	-	\$	
61	CS-2500 Coagulation Analyzer (Back-up Unit)	Lab		Hazley			- ¥	100,400		\$ 45,000		\$	-	\$	
62										+,		· · · · · · · · · · · · · · · · · · ·	-	Ť	
	Finanical Budgeting & Reporting System	Account	ing	Heckatho	orne					\$ 150,000	1	\$	-	\$	-
64			<b>v</b>												
65	CD Image Maker	HIM		Palmer		Cost savings	\$	16,620		\$.		\$	-	\$	-
66															
	Panda Infant Warmer	OB		Gunther			\$	35,000			4	\$ 35,00		\$	-
	Labor Bed	OB		Gunther							4	\$ 18,75		\$	-
69	Guest pull-out bed/chairs x 11	OB		Gunther		\$3,850 each	1				4	\$ 42,35	0	\$	
70											4		_	<u> </u>	
	Patient Transport Van	Behavio		Maciel		Replacement Van	-				4	\$ 45,00		\$	
	Flooring for Therapy Rooms	Behavio	ral H.	Maciel		Replace worn/torn carpet with						\$ 10,00	이	\$	
73							_			<b>6</b> 110 - 01	<u> </u>				
74	Contingency	All		Barron				·····		\$ 413,791	1				
							-	0.646.604		\$ 12,594,931		\$ 781,12			
	Total Requests				<u> </u>		\$	2,616,694		. , ,		· · · · · · · · · · · · · · · · · · ·	<u></u>	\$	-
77	Less Donated Equipment					FY 2022 Projected = (\$831,623)	\$	(800,000)	ļ	\$ (5,200,000	· · · · · · · · · · · · · · · · · · ·	\$	-	\$	
78	Less Projected Donations						\$			\$ (5,540,931	)	\$ (425,821	)	\$	(65,851)
79	Less Property Taxes for Capital						\$	(1,800,000)		\$ (1,854,000	)	\$ (1,909,620	))	\$	(2,005,101)
80	Requests Over (Under) Funds						\$	16,694		\$	-	\$ (1,554,312	2)	\$	(2,070,952)

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San G	orgonio Memorial Hospital & H	PROJECTED	BUDGET			
COMB	INED BALANCE SHEET	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023
ASSETS						<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>
Currer	nt Assets					
1	Cash	\$4,175,262	\$12,894,407	\$2,420,953	\$9,680,014	\$13,234,678
2	Accounts Receivable (Net)	8,449,937	7,142,879	7,939,203	9,061,949	9,461,949
з І	nventories	1,668,855	1,789,075	1,776,554	2,433,993	2,190,594
4 (	Other Receivables	2,723,547	2,753,613	2,282,995	(3,600,886)	1,187,153
5 <b> </b>	GT Receivables	10,058,792	10,877,160	902,000	0	0
6	All Other Current Assets	353,247	288,583	21,485	1,000,753	999,621
7	Total Current Assets	27,429,640	35,745,717	15,343,190	18,575,823	27,073,995
Assets	with Limited Use		<u> </u>			
8	Total Limited Use Assets	8,671,080	9,305,009	9,846,366	12,546,077	13,946,077
Other /	Assets			, ·, ·		
9 <b>l</b>	Unamortized Loan Costs	1,474,000	759,389	645,507	614,440	770,039
Proper	rty Plant & Equipment	168,081,679	160,586,314	160,963,318	163,761,830	170,558,566
10	ess Accumulated Depreciation	(71,081,214)	(77,151,389)	(83,087,287)	(89,145,667)	(95,746,190)
11	Net PPE	97,000,465	83,434,925	77,876,031	74,616,163	74,812,376
12	nterest Net Assets of Sys Fdn	646,319	496,107	551,194	5,500,000	500,000
Total A	Assets	\$135,221,504	\$129,741,147	\$104,262,288	\$111,852,503	\$117,102,487
LIABIL	ITIES AND FUND BALANCE					
Currer	nt Liabilities	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023
13	Accounts Payable -Operating	\$5,057,334	\$5,316,508	\$10,897,079	\$9,418,151	\$7,382,099
14	Accrued Payroll Benefits	3,051,669	4,124,703	4,865,852	5,597,026	2,938,439
15 (	Current Portion L-Term Debt	2,095,000	2,335,000	2,640,000	2,830,000	3,427,570
16 1	Third Party Settlements	732,545	2,435,348			
17 <b>E</b>	Bank Line of Credit	0	6,000,000	0	12,000,000	12,000,000
18	Accrued Interest Payable	2,055,146	2,020,229	1,945,116	1,890,661	2,253,256
19	Accounts Payable - Advance	0	322,211	402,258	387,388	C
20	Total Current Liabilities	12,991,694	22,553,999	20,750,305	32,123,226	28,001,364
Long 1	Ferm Debt	110,739,214	110,448,326	107,559,211	104,877,314	117,179,744
	ving Re: State Transistion to CY		· · ·		2,231,628	2,231,628
Total L	iabilities	123,730,908	133,002,325	128,309,516	139,232,168	147,412,736
04	Fund Balance	11 400 506	(2 264 470)	(24 047 220)	(27 270 664)	(20.240.240
21		11,490,596	(3,261,179)	(24,047,228)	(27,379,664)	
I OTAL L	iabilities and Fund Balance	\$135,221,504	\$129,741,146	\$104,262,288	\$111,852,503	\$117,102,486

CASI	FLOW STATEMENT - Abbreviated (Excluding G.O Bonds Taxes & Related Debt Service)				PROJECTED	BUDGET
		FY 2019	FY 2020	FY 2021	FY 2022	FY 2023
1	Cash: Beginning Balances	\$6,308,962	\$4,175,262	\$12,894,407	\$2,420,953	\$9,680,014
	Receipts					
2	Pt Collections	49,278,795	48,188,723	50,511,153	63,950,228	66,672,207
3	Taxes (Non- Debt Service)	3,936,862	3,871,121	4,377,346	4,799,659	4,952,926
4	IGT & Other Supplemental (Net)	17,041,777	15,562,609	12,198,786	11,534,697	15,834,823
5	PY IGT or DSH Repay	(732,545)	(829,750)	(2,366,760)		
6	IGT Deposit for Future Yr					(1,600,000
7	Supplemental Loans (QIP)				2,231,627	
8	Revenue Bond for Siemens Pro	ject		2,350,000		· .
9	Revenue Bonds to Restricted			(2,035,000)		
10	Bridge Loan Financing					12,900,000
11	Equipment Grant		52,112		360,000	C
12	Increases (Decr.) in LOC Princip	bal Owed	6,000,000	(6,000,000)	12,000,000	0
13	Foundation Capital Funding	92,937	333,111	85,447	831,623	5,600,931
14	Other Receipts & Interco T-fers	2,467,079	10,128,133	7,898,096	4,368,659	6,612,695
15	Total Receipts	72,084,905	83,306,059	67,019,068	100,076,493	110,973,582
	Disbursements					
16	Payroll/ Benefits	43,962,904	45,210,146	47,043,419	53,986,195	55,652,013
17	Other Operating Costs	29,158,465	28,227,118	28,896,744	36,490,901	38,965,864
18	Capital Spending	517,242	787,310	377,004	1,610,000	8,431,736
19	Line of Credit Interest	117,924	342,836	314,009	280,042	463,542
20	Other, Incl.Loan Repayments	462,070	19,504	861,346	450,294	3,905,763
21	Total Disbursements	74,218,605	74,586,914	77,492,522	92,817,432	107,418,918
22	Total Change in Cash	(2,133,700)	8,719,145	(10,473,454)	7,259,061	3,554,664
23	Ending Balances	\$4,175,262	\$12,894,407	\$2,420,953	\$9,680,014	\$13,234,678
24	Goal - Cash on Hand	\$4,000,000	\$4,000,000	\$11,344,529	\$11,821,579	\$12,909,605
25	LOC Balance	\$0	\$6,000,000	\$0	\$12,000,000	\$12,000,000

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## SAN GORGONIO MEMORIAL HEALTHCARE DISTRICT BUDGET

2023 BUDGET				PROJECTED	BUDGET
	FY 2019	FY 2020	FY 2021	FY 2022	FY 2023
Patient Revenues	\$1,070,095	\$884,112	\$0	\$0	\$0
Deductions From Revenue	801,506	695,196	0	0	0
NET PATIENT REVENUES	268,589	188,916	0	0	0
Operating Expense	1,185,724	1,135,530	409,152	0	0
NET GAIN (LOSS) from CLINIC	(917,135)	(946,614)	(409,152)	0	0
NON CLINIC					
REVENUES					
Other Operating Revenue	37,445	37,445	39,024	39,024	39,024
Restricted Contributions	92,937	333,111	85,447	831,623	5,600,931
Tax Subsidies Measure D & H	2,358,293	2,393,627	2,516,922	2,858,198	2,963,926
Tax Subsidies for GO Bonds - M-A	8,309,482	8,003,588	7,180,920	7,226,128	7,384,849
Tax Subsidies Prop 13	1,384,656	1,368,731	1,710,620	1,800,000	1,854,000
County Supplemental Funds	193,913	108,763	149,804	141,461	130,000
TOTAL DISTRICT REVENUES	12,376,726	12,245,265	11,682,737	12,896,434	17,972,730
EXPENSES					
MOB Misc Expense	24,250	23,375	24,106	27,237	28,000
Legal & Other Purchased Services	25	0	248,006	86,080	85,250
All Other Operating Expenses	362,690	258,594	142,473	327,801	428,000
TOTAL OPERATING EXPENSES	386,965	281,969	414,585	441,118	2,733,628
DISTRICT Gains before Deprec. & Intere	11,989,761	11,963,296	11,268,152	12,455,316	15,239,102
		· · · · · · · · · · · · · · · · · · ·			
Depreciation	5,973,693	6,077,964	5,936,648	6,078,380	6,600,523
Interest & Amortization Exp	5,018,312	5,065,130	5,375,928	4,935,712	4,728,142
NET GAIN (LOSS) from District	997,756	820,202	(44,424)	1,441,224	3,910,437
	\$80,621	(\$126,412)	(\$453,576)	\$1,441,224	\$3,910,437
DISTRICT OPERATING CASH	\$3,126,083	\$2,544,822	\$762,594	\$969,554	\$866,074

TAB G

	Title	Policy Area	Owner	Workflow Approval
			Mitchell, Marvin: Director Case	Ariel Whitley for Hospital
1	Discharge Planning and Implementation	Case Management	Management	Board of Directors
			Brown, Pat: Chief Nursing	Ariel Whitley for Hospital
2	Hand-Off Communication	Administration	Officer	Board of Directors

TAB H

Record Gazette - 6/24/2022





Since 1951 we've provided the best possible healthcare to our community. Whether you're new to the area, or have lived here for generations, San Gorgonio Memorial Hospital is here to care for you.

> 600 N. Highland Springs Ave., Banning, CA 951-845-1121 | www.sgmh.org

Record Grazette - June 3, 2022



HOSPITAL

WOMEN'S CENTER

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Record Prazette - 6/10/2022

We'll make sure you and your family get off to a beautiful start



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## Desert Sun.

#### HEALTH

## 'It's OK to not be OK': Local experts, students shed light on pandemic's effects on mental health

**Ema Sasic and Jonathan Horwitz** Palm Springs Desert Sun Published 7:00 a.m. PT June 5, 2022 | **Updated 9:17 a.m. PT June 6, 2022** 

For more than an hour, four Thomas Jefferson Middle School students, slightly tired from an early wakeup call and recent standardized testing, said they felt fine after everything they experienced over the course of the COVID-19 pandemic.

They were looking forward to the end of the school year, they liked being back in school with friends, and while they may have been a little stressed with distance learning, they said they hadn't experienced depression or anxiety during the last two years.

Then, they were asked if they had experienced any loss over the last two years. Each of them had or nearly had: An uncle who died from COVID-19 in Mexico. Another late uncle who loved the Raiders. A grandmother figure who died a month ago. A grandmother who fell gravely ill from COVID-19 and recovered. Another grandmother who is battling cancer.

Finally, their emotions poured out. Tears were shed.

Eighth grader D'Artagnan Leon-Montano found out he lost his uncle in the middle of the night when he heard sobs around the house. "I never heard my mom crying, and that night I heard her cry." To honor his uncle, he never takes off his Raiders hat.

"It's hard for me to come to school every day knowing her cancer can come back anytime," said seventh grader Cassandra Herrera about her grandmother. "I'm scared that when I'm older, I'll probably get it."

"I lost my step-grandma a month ago," said seventh-grader Keanna Atchison. "I didn't really want to talk to anybody the next day."

"It's OK to not be OK," said eighth-grader Romina Lopez Mendoza, who didn't get the chance to see her uncle in Mexico one last time before he died.

People's mental health, at all ages, were impacted in some way by the pandemic. Isolation from loved ones, fear over the unknown, changes in routines and loss were just some of the factors that made the early stages of the pandemic difficult for many, local mental health experts said, especially for those who already struggled with anxiety and depression.

Even though COVID-19 cases are rising again, many are ready to move on and resume their lives. But it's not that easy for everyone.

## What experts saw

In-person services at the San Gorgonio Memorial Hospital Behavioral Health Center in Palm Springs never slowed down during the pandemic.

Facilities Coordinator Marquise Santiago would meticulously clean the center's van, pick up a handful of clients from their homes, take their temperatures, have them put on fresh masks and sit spaced apart from others. After he would drop off one group, he would sanitize the van again, go out to pick up others and repeat the process throughout the day.

It was difficult, and at times scary to do, mainly because there was so much unknown with the virus, but the center's registered nurse Donn Walker said it was necessary for the clients.

"A lot of these folks already live fairly isolated lives," he said. Most clients either live with other individuals who struggle with mental health concerns or independently, away from family and typically without a vast social network around them.

"The great thing about the fact that we could keep this program open is this is really, for patients, some of the main ways they socialize and see other people," Walker continued. "Some told us they were able to see their friends here. If we had closed, it would have been even more isolated."

The Behavioral Health Center, once attached to the San Gorgonio Memorial Hospital location in Banning, has been operating in Palm Springs for more than 10 years, said Director Christian Maciel. There are currently around 45 patients — ranging in age from 20something to 80-something — who attend group therapy sessions dedicated to mood or thought disorders twice a week, and there's a growing waitlist.

Over the course of the last few months, navigating the pandemic has become easier for clients. If a family member gets sick, however, Walker said anxiety goes up with that client and is reminiscent of the early days of the pandemic.

In the first year of the COVID-19 pandemic, global prevalence of anxiety and depression increased by 25%, according to a scientific brief from the World Health Organization.

Clinician Rick Bloom, speaking about a previous telehealth position, said the pandemic was "horrendous" for his clients who were "normally anxious on the best of days." One individual he worked with for a number of years suffered with severe anxiety. They were making improvements, he said, but once the pandemic hit, it set that individual back several years.

"Their overall fear was the world was a dangerous place, and then the pandemic came along and it really proved to him that what he was fearful about was clearly completely accurate," Bloom said.

He added that clients with depression "felt like it was OK for them not to be interactive because it was OK to be isolated."

Similarly, Lizett Palacios, now the center's case manager, worked at clinics in the eastern Coachella Valley in 2020 and saw people of all ages struggle with anxiety. She also noticed a rise in suicidal ideation among clients. The most stressful moments she experienced were when people called and told her they were thinking of taking their life.

"I would have to stay on the phone with them up to three hours," Palacios said. "I would have two phones on me, one having a conversation with them but another phone hoping to get hold of a clinic."

A study that surveyed individuals from eight countries in 2020 and 2021 found that suicide ideation increased over the course of the COVID-19 pandemic - 24.2% and 27.5% of participants reported suicide ideation in 2020 and 2021, respectively.

When Palacios received those phone calls, it was difficult to not be in the same room as her clients, she said, because "how are you going to get through to them over the phone and convince them not to do something to themselves?"

As much as clients struggled, so too did mental health care providers. Maciel's uncle died at 50, leaving his aunt as a widow, and as other family members struggled, he said he just had to push through. Additionally, three days before the birth of his daughter, he was exposed to COVID-19, and his biggest fear was getting her sick or worse. But Maciel believes it's still not a topic many discuss.

"Providers just have to soldier on and kind of put their needs last," Maciel said. "It's almost like a shameful thing to say as a therapist. You think, I'm a trained therapist, I'm always in

control, but I'm not."

Many clinics decided to shut down to in-person services, but soon shifted to an online format, such as Jewish Family Services of the Desert. The Palm Springs center provides a number of services, such as mental health counseling, senior case management and children's programs. On average, the center sees around 3,000 unduplicated clients yearly.

Clients dealt with loneliness, clinical director Judith Monetathchi said, and it was hard for them to change their routines and be away from loved ones or even their therapists. Similarly, losing friends and family to the virus and going through the grief process was difficult.

The period brought back many memories for Monetathchi, whose husband died nearly 20 years ago. Overwhelmed with grief, taking care of three young children and having difficulty functioning day-to-day, she began seeing a therapist, she said, who "offered me tools I could use to process that grief and heal."

Fast forward to 2020, and as she listened to her clients express their own struggles with grief during the pandemic, she said she was able to empathize deeper and create a "stronger connection" with them.

## Children's impacts

Mindy McEachran begins every Wednesday in a wellness circle with her students at Nellie N. Coffman Middle School in Cathedral City.

The students gather in an outdoor space dedicated to mental health, a makeshift Zen garden on a lot where there was nothing but concrete, brick walls and a lonely tree before the pandemic.

The garden, and the adjacent indoor wellness center where students can go for socialemotional coaching, is part of a major investment Palm Springs Unified and the district's foundation are making in mental health services.

The plan is to open a wellness center at a cost of \$25,000 at each of the district's 27 schools. Desert Sands Unified and Coachella Valley Unified school districts are operating and investing in wellness centers, too.

Now, the tree is draped with Japanese lanterns, there's a sand box, artificial turf and patio furniture. It's not much, but it's more than there was before.

McEachran's therapy dog, Ziggy, lies on the turf as students go around the circle saying how they feel on a scale of one to five. They can elaborate if they wish. Few choose to.

It's the day after the Uvalde, Texas, school massacre during which 19 primary students and two teachers were killed.

Moods are down at Nellie Coffman. Principal Karen Dimick asked for a moment of silence over the daily announcements before first period. Now, most students are going around the circle saying they feel like they're at a "two" or a "three."

One male student, although physically present in the circle, had to ask what the prompt was when it was his turn to speak. His head was down and his shoulders were slumped. He said he felt like a one out of five.

McEachran, a Nellie N. Coffman Teacher of the Year, noted afterward that some students go the whole week without anyone asking them, "How are you?" That's why, even if they choose not to speak in the circle, checking in with them on Wednesday mornings, observing their responses and their body language, is so important.\*

It can be the difference between a student feeling invisible or feeling seen.

Although Wednesday might have been a particularly awful time given the deadliest shooting at a U.S. grade school in 10 years had occurred just a day before, children and adolescents are grappling with a national mental health crisis that was bad before the pandemic and has gotten worse since. The Centers for Disease Control and Prevention reported that before the pandemic, from 2016-2019, 2.7 million children ages 3 through 17 had depression, 5.5 million had behavior problems and 5.8 million had anxiety.

The CDC's first nationally representative survey of high school students during the pandemic shows a troublesome pattern. In 2021, more than a third of high school students reported they experienced poor mental health during the pandemic, and 44% reported they persistently felt sad or hopeless during the past year.

While some students did well in virtual learning, more than half of high schoolers surveyed reported they experienced emotional abuse by a parent or other adult in the home. More than one in 10 said they experienced physical abuse by a parent or other adult in the home. More than a quarter reported a parent or other adult in their home lost a job.

Sadly, Coachella Valley youth have not escaped these national trends, and, in some aspects, they are faring worse.

"In general, there's been a huge increase in mental health needs for students, staff and families," said Laura Meusul, executive director of student support services for Palm Springs Unified.

## 'I don't know how many opportunities students see for themselves'

A lot of the demand for mental health services is, of course, being driven by rising trends in anxiety, depression and ADHD among youth, but part of the demand is stemming from societal awareness and openness about mental health. And, schools are being asked to do more than ever to provide mental health support and to normalize conversations about emotional wellness before behavioral issues become acute or chronic.

"Over my career, I've definitely seen the shift to more openness and being willing to discuss mental health issues," said Danielle McClain-Parks, a mental health coordinator at Palm Springs Unified. "I think that we are, as a society and as communities, more willing to acknowledge these mental health issues exist. I come from a generation where we didn't really talk about these kinds of things, but just because we didn't talk about them didn't mean that they didn't exist. They've always been there. We've had different names for them throughout different generations, but they've always existed. And, so, I think there's a little bit more willingness right now to acknowledge the impact."

A 2021 Palm Springs Unified survey of 9,850 secondary students revealed that 48% of respondents reported being able to persevere through setbacks to achieve important long-term goals, down from 65% in 2017.

Only 56% of secondary students responded that they do a good job of managing their emotions, thoughts and behaviors in different situations, down from 72% in 2017.

The data show students reporting similar rates of perseverance and emotional management across race and gender.

On the topics of perseverance and emotional management, Palm Springs Unified is performing near the 10th percentile out of 1,500 districts nationwide — representing 21,000 schools and 15 million students — that also completed this panorama survey on social emotional wellness.

Meusel hypothesized that low perseverance metrics among local secondary students might be worse than the national average in part due to the Coachella Valley's lack of access to higher education.

"I don't know how many opportunities students see for themselves," she said. "And I'm talking about the fact there isn't a college other than College of the Desert right here."

"So for some students who have never left this area or have never seen anything else, I think that has a lot to do with some of this," she continued. "We have to educate students on all of the options that are available to them whether it be junior college, a four-year college, trade school, jobs in the community — what else is out there besides what they see in their limited area. And, I don't mean that in a condescending way. I just mean we need to broaden options for students."

## Schools as service providers

Each of the three districts use what's called multi-tiered systems of support to address student wellness. Tier one of care is available to every student. It can look a lot like McEachran's wellness circles or include teachers incorporating breathing exercises at the beginning of class.

A tier-two service would be something like small group counseling, and it's reserved for students who express a need through a school counselor, teacher or parent referral.

"We had a large amount of students who had a family member pass away from COVID, and, so, we have a lot of grief counseling groups going on," Meusel said. "We have a lot of families that lost their income or lost their jobs or their housing, and, so, (there's) some anxiety around 'Where are we sleeping? Are my parents going to be able to provide for us?'"

About 15% of PSUSD students are in tier-two services where these questions are discussed, Meusel said.

Tier-three service referrals for individual counseling are for students with acute mental health issues such as disordered eating, cutting, suicidal thoughts and higher levels of depression or anxiety, Meusel said.

At the start of the school year, Palm Springs Unified had seven therapists. Now, it has 14, Meusel said, and it is hiring to have 20 therapists by the start of the next school year in August.

State Superintendent Tony Thurmond declared an "urgent need to address student trauma" in March, and he has been advocating for the state senate to pass SB-1229, a bill that

would establish a mental health workforce grant program that, if passed, Thurmond says could help secure 10,000 mental health clinicians in the state and lower student-to-counselor ratios in schools.

For now, Coachella Valley school districts are struggling to recruit mental health professionals even as they each earmark millions of federal COVID-19 relief funds for the purposes of hiring mental health therapists, counselors, psychologists and behavioral support staff.

"It's been a challenge to hire enough people," Meusel said. "We have the money. We have the positions open. It's just hard to recruit."

Palm Springs Unified alone has seen about 1,000 students enter individual therapy this year through the district as their free-of-charge provider. That's about one in 20 students in the district receiving individual therapy, and that number does not include some insured students who received mental health services through other providers in the past year.

In the eastern valley, Coachella Valley Unified has sponsored billboards promoting the district's free mental health services for students and families.

In a March report to the school board, district staff said they had provided mental health counseling to 1,629 students since the school year began last August, and 352 students had entered a controlled substance intervention program over that time.

Of the 1,629 students to receive mental health counseling, 60% attend elementary school. More than 100 are in kindergarten or transitional kindergarten. More kindergartners received therapy than high school juniors or seniors.

512 students were counseled and/or diagnosed for anxiety
205 students were counseled for behavior
138 students were counseled and/or diagnosed for depression
110 students were counseled for family divorce/separation
64 students were counseled for issues with adjusting to change/COVID
55 students were counseled for grief

Ninety students reported suicidal ideation, and 64 reported self-harm.

The numbers are dreary when taken in aggregate, but 615 students had a positive outcome from the district's counseling, meaning they either were discharged from counseling having made progress or having reached goals linked to services. Another 649 students continued in

district counseling as of March, whereas a much smaller percentage of students or their parents/guardians declined counseling services or did not achieve positive outcomes.

## Anxiety lingers after return to school

Sue Ann Blach, a mental health therapist at Desert Sands Unified, said since the pandemic began, she's seen many students struggle with anxiety and depression that could be linked to increased electronic use, lack of physical activity, lack of social interactions and poor sleep.

Lopez Mendoza, the eighth grader, said during the early stages of the pandemic her principle form of social interaction came through FaceTime with friends.

During virtual school days, there was little social stimulation.

"No one else had their cameras on," Lopez Mendoza said. "I really wanted to come back and socialize."

Of course, many students did not have their cameras on for a variety of reasons, including limited broadband internet capabilities or sharing living/work spaces with siblings, adults or others.

Leon-Montano said he struggled showing up on time to Zoom classes even though class was only a few clicks on the computer away.

"Being at school is better than home, not gonna lie," he said.

But, a year after school has resumed in-person, there is still a great deal of uncertainty about the future, and anxiety about the unknown is continuing to affect kids and adults, both, experts say.

"As we've come back, everybody, I think adults and children alike, have really experienced some of that continuing sense of the unknown... and for some of our younger students who thrive on structure, it's been harder for them to kind of keep adjusting as we go," McClain-Parks said.

For older students, she said, "It's been great that they're coming back, but then some of the lingering issues that were brought up during the pandemic have been difficult for them to deal with."

"Students are just kind of processing what's happened in the last couple of years," she added. "We've experienced kind of a community and society-wide trauma. And when you think about it for our students, that's a really significant portion of their lives. For us, as adults, it's big. But for our students, two years is a huge developmental leap for them, and they've had to experience that with lots and lots of changes and not knowing what's going to happen next."

Monetathchi said many youth discussed their frustrations with distance learning, often "causing low self esteem because they struggled to learn and then felt bad about themselves."

Similarly, they felt lonely from lack of socializing, and even grieved beloved events, such as proms, graduation and quinceañeras, she added.

"It is important for children and teens to have a safe space to share their feelings and for adults to validate and normalize those feelings," Monetathchi said. "Counseling sessions can offer that safe space for them to express their feelings while teaching them useful coping strategies for anxiety and depression, as well as help them raise their self esteem and practice social skills."

"Exploring meaningful ways for honoring the events they missed, either by celebrating with family or with their friends in some way, can also be helpful," she added.

## More resources available

Many are ready to move on from the pandemic, but for those who have struggled with their mental health, it might not be quite so easy.

Riverside County is providing more resources, especially in some of the most underserved areas in the Coachella Valley. The Riverside County Board of Supervisors recently received \$7 million in Crisis Care Mobile Unit grant funds from the California Department of Health Care Services.

The grant funds will bring Mobile Crisis Management Teams to the cities of Blythe, Corona, Hemet, Indio, Moreno Valley, Temecula, Banning, Menifee and Riverside. Some cities, including Coachella, Thermal, Mecca and North Shore, will receive two teams to assist with high volumes of crisis needs.

Rhyan Miller, deputy director of Integrated Programs with the county's Behavioral Health department, said two teams are being sent to east valley cities because "these communities have long been underserved by field-based response teams." A CBAT team (a behavioral health therapist that rides along with law enforcement) is also being sent to Thermal to The Mobile Crisis Management Teams provide mobile crisis response and wraparound services to help those with ongoing mental health care needs and substance use treatment. Teams consist of clinical therapists, peer support specialists, substance use counselors and a homeless and housing case manager.

"The goals of these teams are to be responsive, person-centered and use recovery tools to prevent crisis and divert unnecessary psychiatric hospitalization whenever possible," Kristin Miller, administrator of Riverside University Health System Behavioral Health Crisis Support System of Care, said in a statement.

Mental health clinics are also doing what they can to further assist clients. The San Gorgonio Memorial Hospital Behavioral Health Center has brought back Friday group sessions, which Maciel said clients have "begged" to have. Maciel said he is hoping to implement activity-based programming on Fridays rather than the traditional discussions that already take place throughout the week.

"It provides the camaraderie, they really, truly like each other," he said.

The director also hopes to provide individual mental health counseling for clients in the future.

What's most exciting to him is that the pandemic made people more open to discussing mental health, and it even became a family affair for some. Maciel said that people in the past would come in for personal issues, and mainly kept their struggles to themselves.

"But with the pandemic, it seemed like entire families wanted treatment, and things were talked about more openly about mental health," Maciel said. "A mother would come in and say, 'Next week you're going to see my husband,' and then the husband would say, 'Next week you're going to see my sister-in-law.' It was just like let's get everybody help because this pandemic is really taking a toll."

For those who have not sought help for their mental health needs, there are plenty of resources available locally, including those that are free of charge. The Coachella Valley chapter of the National Alliance on Mental Illness, serving residents from Desert Hot Springs to the Salton Sea, provides free mental health support, online groups, resources and education.

President Christine Thomstad and Treasurer George Thomstad initially were introduced to NAMI when they were seeking mental health resources for their son, who lives with schizesffective disorder "The biggest thing that NAMI tells you, and we hear it all the time, is the first time someone attends a support group, they realize there are other people out there going through the same thing they're going through, and that's what we found," Christine Thomstad said.

Over the course of 15 years, they've become advocates for mental health, connecting people with others who understand what they're going through. NAMI Coachella Valley holds two group sessions twice a month — a family support group and recovery support group — on Zoom. There are also plans to hold some meetings in-person in the future and provide groups sessions in Spanish.

There's no one solution to mental health struggles, but integrative mental health specialist Louise B. Miller, of Rancho Mirage, said people can be more in tune with themselves by taking their emotional/mental temperature. Often times, she said, people will power through difficulties in life without properly examining them.

"Living mindfully and being aware, not only how your body is feeling, but also how your mind is doing," she said. "People don't stop and take their emotional temperature throughout the day, and I think that's really important because you can stop it in its tracks and go, 'What's going on with me?'"

## **Mental health resources**

**San Gorgonio Memorial Hospital Behavioral Health Center:** Visit https://sgmh.org/services/behavioral-health/ or call 760-325-2683

Jewish Family Service of the Desert: Visit https://jfsdesert.org/ or call 760-325-4088

**It's Up to Us:** The site has tools for having conversations, checking in on friends and referrals to places people can go to get immediate help. Visit https://up2riverside.org/

**CARES Line, (800) 499-3008:** The Community Access, Referral, Evaluation and Support line is answered by licensed clinicians who provide support and crisis intervention, as well as connections to outpatient, inpatient and community resources.

**Peer Navigation Line, (888) 768-4968:** Not sure where to start? The peer navigation line connects you to someone who is currently recovering from their own mental health issues in Riverside County. They will talk to you about how you're feeling and direct you to resources that could help.

**2-1-1 Community Connect:** By dialing 2-1-1, Riverside County residents are connected to a local information hotline for individuals in crisis.

**National Alliance on Mental Illness, Coachella Valley, (888) 881-6264:** Provides support groups (for those experiencing mental illness and the loved ones of those experiencing it) and behavioral health resource referrals to residents from Desert Hot Springs to the Salton Sea.

### Riverside County 24/7 mental health urgent care, Palm Springs, (442) 268-

**7000:** If you are experiencing troubling thoughts and need immediate help, the clinic is able to instantly connect you to counseling, nursing and provide psychiatric medication, if needed. Everyone is welcome regardless of insurance or ability to pay for services. The clinic is open 24/7 and no appointment is needed. Located at 2500 N. Palm Canyon Drive, Suite A4, Palm Springs.

**Crisis Stabilization Unit in Indio, (760) 863-8600:** Individuals experiencing troubling thoughts who need immediate help can go to the clinic at 47-915 Oasis St., Indio.

### National Suicide Prevention Hotline, (800) 273-8255: The hotline is available 24/7.

\*Correction: An earlier version of this story incorrectly described Mindy McEachran's "teacher of the year" accolade. She is a Nellie N. Coffman Middle School Teacher of the Year.

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